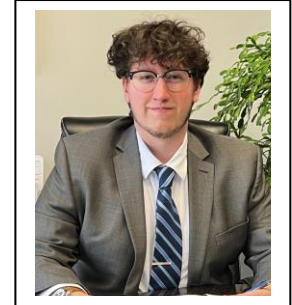




Newsletter 3Q 2023 & Market Summary

The 3Q 2023 is a turning point which most economist believe a recession will be avoided! A recession now has only a remote chance of occurring in 2023 as forecasted by most economists globally, which we will expand on in our newsletter. The Foresight Mutual Fund Model's returns through 2Q 2023 are all positive and were as follows: Conservative +4.08%, Moderate +5.73%, and Aggressive +6.68%, shown netted by the highest Foresight management fee removed from the returns.

Welcome our employee accomplishments and newest employees at Foresight!



Dillon Schroeder, CFP
VP of Personal Wealth Management. Completed his Certified Financial Planner License! Will be assisting Foresight in Ohio expansion and marketing effort

Zarek Bratschi, AAMS
Completed his Accredited Asset Management Specialist License!

Jessica Osburn
Promoted to Manager of Operations and Compliance

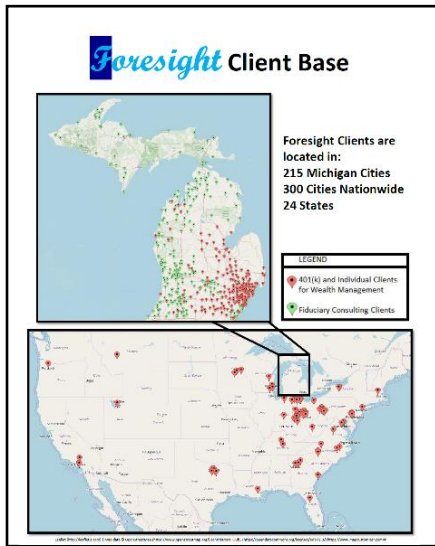
Matt Lawrence
Welcomed as our new Intern in Portfolio Management

To all TD Ameritrade Clients: It is very important to now login to your TDA accounts and make sure all the information is correct. If you are having any issues logging in please contact us immediately for assistance, at 877-429-4690. Your TDA login information and investment accounts will be transitioning over to Schwab on September 5th 2023. In the meantime, If you will need any cash from your TDA accounts please contact Foresight before August 18th, 2023, because after that date all cash will come from your new Schwab accounts after September 5th. TDA will be mailing/emailing information to you on August 5th regarding your new Schwab account numbers. Please keep this information in a safe place as it may need to be referenced when logging into Schwab for the first time after the transition. Foresight will be following this transition very closely on your behalf.

Foresight ranked as a Top 2023 RIA firm Nationally by Financial Advisor

Magazine: Foresight climbed up to 471 in the 2023 ranking of RIA firms! This is based on our growth and overall performance as a firm. We are happy to rise another 11 spots over last year!





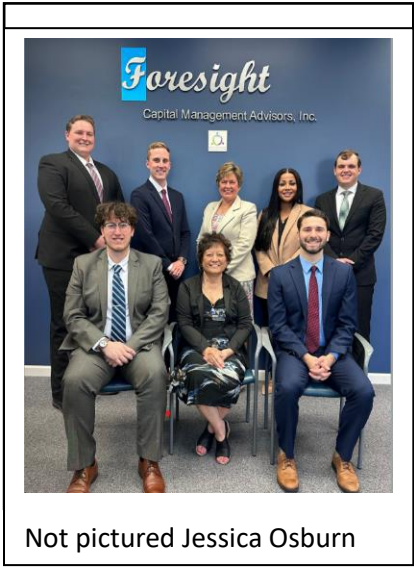
FCMA Mutual Fund Model Returns
June 30, 2023

Conservative Model	+4.08%
Moderate Model	+5.73%
Aggressive Model	+6.68%

Indexes:

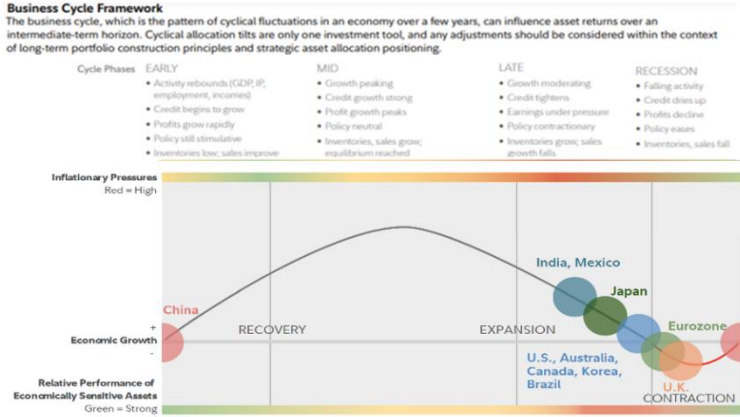
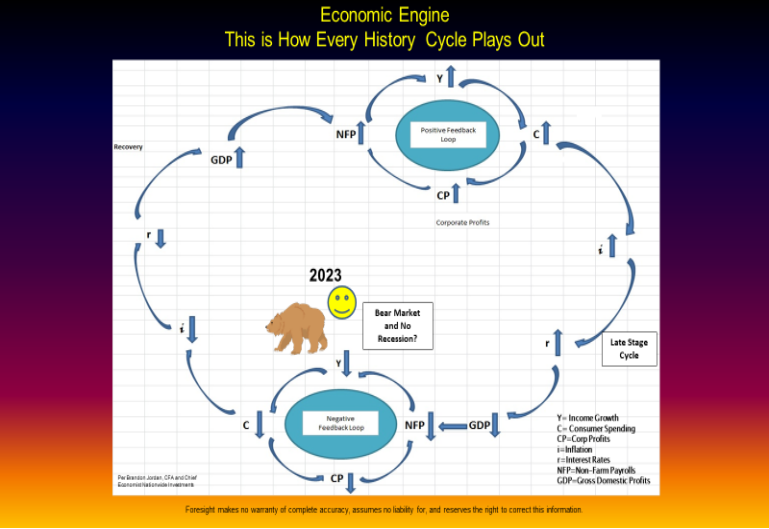
S&P 500 Index	+16.89%
MSCI EAFE Foreign	+12.13%
10Yr T-Bond Index	+2.09%

Future performance is not guaranteed; above returns are total return with reinvestment of dividends, interest, capital gains, and shown net of the highest FCMA management fee.



Foresight's Outlook and Portfolio Strategies

3Q 2023 has been a turning point in the minds of most global economist and most now agree we are likely to avoid a recession at this time. The premise is we have had a "Hard Landing" bear market even though it did not become a recession since jobs were not lost the market loss was significant. The stock and bond market had a hard landing and recovery is now underway! Denise Chisholm, Director of Quantitative Market Strategy for Fidelity Investments, said in their webinar July 27, 2023, the market has grown and had a very narrow breadth by only 5-7 stocks but now in 3Q we see 40% of companies beating S&P index and 50% are positive for 2023. This is a historical sign of durability that the market



Source: Fidelity Investments (AART), As of 6/30/2023

* A growth recession is a significant decline in activity relative to a country's long-term economic potential. We use the "growth cycle" definition for most developing economies, such as China, because they tend to exhibit strong trend performance driven by rapid factor accumulation and increases in productivity, and the deviation from the trend tends to matter most for asset returns. We use the classic definition of recession, involving an outright contraction in economic activity, for developed economies.

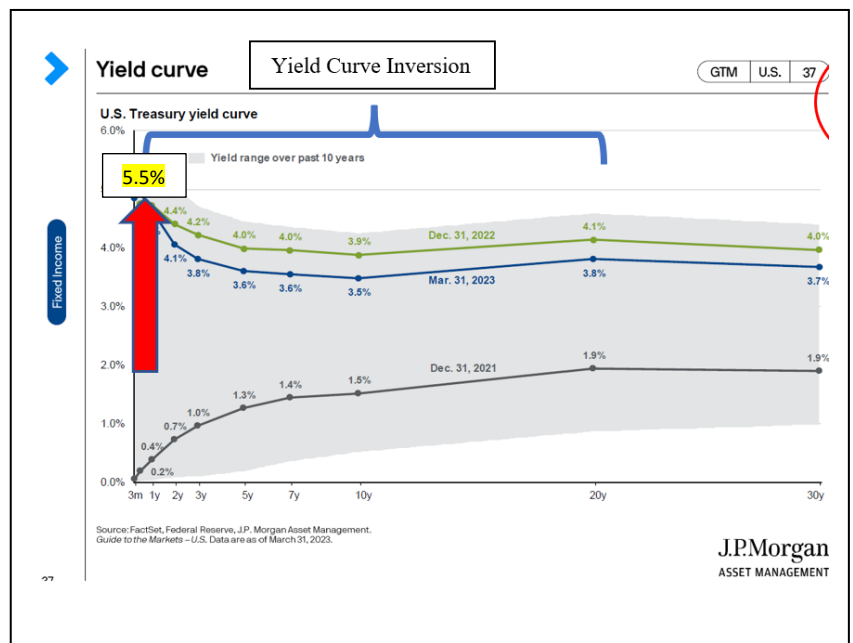
breadth will keep broadening! Jerome Powell, U.S Federal Reserve Chairman, also said on July 26, 2023 that a "soft landing is back on the table" and no recession. Foresight has stepped back into the normal market weightings of a rebounding market and we have added further growth, international, small and midcap stocks to the model portfolios.

The chart to the left shows the world's nations and where they are in the business



cycle. Notice the UK and Europe are in recession, but notice China is beginning to move into the Recovery phase. All other countries are in the Late Business Cycle with U.S., Canada and Korea very close to recession or hard landing bear markets. Most economists believe these recessions will be mild in nature. None of us like bear markets but it is a cycle the market takes every 4 to 5 years.

The fixed income market is still the silver lining that is occurring because interest rates continue to rise. The Fed's just increased .25% on July 26, 2023 and most believe they will pause now and not raise rates through the end of the year. U.S. interest is now at 5.5% the highest it has been in 22 years! Now the market needs to settle in and begin to determine what recovery will be as inflation has dropped to 2.97%, compared to 4.05% last month and 9.07% a year ago, according to Y Charts. As of July 28th, 254 companies have reported 2Q 2023 results and 78.7% beat earnings, this compares to a long-term average of only 66% beating expectations, while 62.5% beat revenues, according to I/B/E/S from Refinitiv. Gross Domestic Product increased at an annual rate of 2.4% in the second quarter of 2023 according to the U.S. Bureau of Economic Analysis. Finally, unemployment has fallen to 3.6% as of June 2023. All these current statistics show the resilience of the U.S. economy and the likelihood that a recovery from the "hard landing" the market had in 2022's bear market is underway!



Foresight currently has the portfolios positioned back in the normal weightings of a rebounding market. The allocation levels are as follows: 65:35 for Moderate, 55:45 for Conservative, and 75:25 for Aggressive. Foresight sees opportunities in staying broadly diversified at this time. Opportunities continue in U.S. growth and value stocks, infrastructure, prime market bonds, and most foreign stocks since they are in recession at this time. For Individuals who have personal portfolios with Foresight we continue to monitor the stock portfolios weekly using stop-losses and have been purchasing discount bonds and a few stocks with the excess cash. However, covered call writing has not been as successful as in 2022, but we have eked out slight gains in most portfolios thus far. The market rebound is occurring and Foresight has the portfolios positioned to capture the market gains according to your risk level. Please call or email if you have any questions or would like to review your portfolios. Foresight was ranked in the 2023 Financial Advisors Magazine in the Top 500 advisors nationally and in the top 150 advisors in Michigan! Both Laurie and Patrick were chosen as Five Star Advisors for 2023. We wish everyone a very nice summertime and enjoy the lift the market is giving for 2023.

Foresight Planning Ideas

How to Apply for Medicare: Are you getting close to age 65? If you have questions or are confused how to apply for Medicare insurance and its many options for supplemental coverages please contact us at 877-429-4690 and we would be happy to give you some guidance.

Foresight Ranked in the Top RIA firms nationally: as 471 for 2023 year's magazine participants out of a possible 23,408 firms nationally. We are extremely pleased with this standing and have risen up another 11 rankings since a year ago! Our hard work on your behalf continues to show our investment philosophy is working.



Contribution Limits for 2023:

The IRS has released the new 401(k), 403(b), and 457 savings limits for 2023 and there are many areas that have increased.



Contribution Limits

	<u>2022</u>	<u>2023</u>
401(k), 403(b), or 457 deferral limit	\$20,500	\$22,500
401(k), 403(b), or 457 catch-up deferral limit	\$6,500	\$7,500
401(k), 403(b), or 457 max. deferral if age 50+	\$27,000	\$30,000
Total Savings deferral, match, and profit sharing	\$61,000	\$66,000
IRA deferral limit	\$6,000	\$6,500
IRA maximum deferral if age 50+	\$7,000	\$7,500
Simple IRA deferral limit	\$14,000	\$15,500
Simple IRA maximum deferral if age 50+	\$17,000	\$19,000
SEP IRA deferral limit (maximum not to exceed 25% of earnings)	\$61,000	\$66,000
Annual Comp limit & SEP IRA wage limit cap	\$305,000	\$330,000
Highly Compensated Employee wage limit	\$135,000	\$150,000
Roth IRA phase-out range (married)	\$204,000-\$214,000	\$218,000-\$228,000
Roth IRA phase-out range (single)	\$129,000-\$144,000	\$138,000-\$153,000
Traditional IRA phase-out range (married)		
*with workplace retirement plan	\$109,000-\$129,000	\$117,000-\$137,000
*without workplace retirement plan	\$204,000-\$214,000	\$218,000-\$228,000
Traditional IRA phase-out range (single)	\$68,000-\$78,000	\$73,000-\$83,000
Annual Gift Exclusion	\$16,000	\$17,000

Health Savings Accounts (HSA) and High Deductible Health Plans (HDHP)

	<u>2022</u>	<u>2023</u>
Individual HSA limit	\$3,650	\$3,850
Family HSA limit	\$7,300	\$7,750
Individual HSA limit age 55+	\$4,650	\$4,850
Family HSA limit age 55+	\$8,300	\$8,750
Individual HDHP minimum deductible	\$1,400	\$1,500
Family HDHP minimum deductible	\$2,800	\$3,000
Individual HDHP maximum out-of-pocket	\$7,050	\$7,500
Family HDHP maximum out-of-pocket	\$14,100	\$15,000

IRS Announces 04-Nov-2022 Employee Benefit Plan Limits. <https://www.irs.gov/newsroom/irs-announces-401k-limit-increases-to-20500>
Partners at McDermott Will & Emery Law Firm. www.mwe.com

Secure Act 2.0 in 2024 Allows for Emergency Fund Savings: In 2024 all 401(k) plans will need to plan ahead and have a payroll deduction slot for employees who want to begin saving an Emergency Fund as Roth savings. They can save up to \$2,500 yearly and the funds are available to withdraw early without the 10% penalty and zero taxes are due.

A New Idea for Long Term Care: There are now many low-priced annuities, that have been vetted by the NAPFA organization, where Foresight can help to create a replacement for traditional LTC insurance. If you do not have LTC insurance please contact us to discuss ideas for how best to cover this risk for you as you enter retirement. Especially if you have old life insurance policies that potentially could be converted to a use during your lifetime! Call 877-429-4690.

HSA-Health Savings Plans: Foresight now offers HSA investment plans with debit cards and investment growth for your health care savings accounts. Most employers are now offering HSA plans with your health benefit plans to keep costs reasonable, but the HSA plan attached to the benefit does not allow for you to invest your HSA account and the funds just set in a bank account. The Foresight HSA can be opened, in addition to your employer HSA, and allows you to invest your HSA in our Foresight Models just like we have for our 401(k) plans or mutual funds clients. Any unused HSA balance you have can be easily transferred to a Foresight HSA and made into an investment portfolio while keeping the minimum at your employer for use with your debit card! Then if you need funds put on your debit-card we can simply move funds to the debit card as needed. In the meantime, your HSA is growing and can be saved for healthcare in retirement too! Contact us for more information, 877-429-4690.

Patrick Carney's Article with NAPFA organization: Visit the site below to read Patrick's article! Learn what his journey has been as a young financial planner and the satisfaction he gets from helping clients reach their investment goals.

PRACTICE PROFILE

Print this Article

Focusing on what you can control

Patrick L. Carney of Foresight Capital Management Advisors

By Bridget McCrea

As a young fee-only professional, 28-year-old Patrick L. Carney knows that people are going to assess and interact with him differently than they would, say, an advisor with 10-plus years of experience in the profession. This reality doesn't bother the director of personal wealth management at Foresight Capital Management Advisors in Saline, MI, but it has pushed him to accelerate his education and learn as much as he can about financial planning.

"One thing that's very difficult for new advisors in general is getting started and gaining the respect of current and prospective clients. A lot of people come to us looking for an advisor who has a vast array of experience, education, and knowledge," says Carney. "When you're first starting out, you don't have that decade—or multiple decades—of experience that many clients are looking for."

Carney says he stopped worrying about things he couldn't control (e.g., his age, years of career experience, and similar measures) and instead has been working hard over the last six years to earn certifications that position him as a high-level fiduciary. So far, he's earned his CFP®, AIF®, and CIMA® credentials, the last of which he attained by completing the education requirements at the Yale School of Management.



Visit this site to read the whole article:

<https://www.naylornetwork.com/napf-nwl/articles/index.asp?aid=734769&issueID=94950>

PEP-Pooled Employer Plans: Foresight now offers 401(k) plans for small businesses under the new SECURE Law that introduced PEP Plans to all small businesses. No matter what size your company is, with employees from 1 to 100, can join a PEP plan and offer 401(k) savings limits to your company employees! The PEP offers economy of scale and keeps the cost extremely reasonable for all members of the PEP. Please call us today for more information on how to join the new PEP 401(k) plans and offer your employees a new benefit!

CEPA- Certified Exit Planning Analysis Services: Foresight is now certified to provide exiting planning valuations for businesses and owners. Our firm is also prepared to assist with implementing business improvements to assist with increasing the value of your business prior to an exit or retirement. If you are interested, or know of someone who is interested, in pursuing services in this area please reach out to Foresight at 877-429-4690.

NEW WHITEPAPER
RELEASING IN 1Q22!



Topics Covered:

- Holistic Approach to Finance
- Life Coaching
- Behavioral Finance
- Monte Carlo Simulation
- High Touch Services
- The Ultimate Balancing Act

Foresight New White Paper-Financial Planning for the Young Professional!

Focused on the many financial planning areas a young professional should strategically work into their overall lifestyle. When this is organized and addressed at a young age the young professional can successfully launch their career, start a family, pay off student debts and plan for their future! We walk through the Foresight holistic approach to financial planning in this new whitepaper that will be a must read for most career minded professionals. The sooner you read this whitepaper the more settled you will be as you begin the journey in your career.

On-line Access: Each year we encourage everyone to test your on-line access to your account(s) at the custodian or third-party administrator for your plan. Please visit Journeyrps.com, Definiti.com, or Sentinelgroup.com retirement participant. For individual clients at TD Ameritrade access Advisorclient.com for Schwab Institutional Clients access Schwaballiance.com. Please note Schwab has purchased TD Ameritrade and beginning the fall of 2023 all TDA clients will be contacted with new Schwab access and account number information. All your TDA information and setup will transfer over to Schwab. We will contact you when it is your time to access your accounts on the Schwab.com website. To access your web portal for individual accounts, go to <https://fp.morningstar.com>. If you have any difficulty accessing your account, please email or contact us.