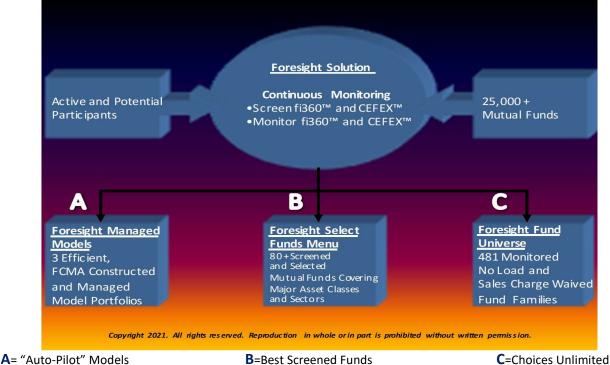
Disciplined Investment Selection <u>Process</u>!

We offer no-load mutual funds with a certified screening technique to continuously monitor and select top-performing investments. Our model portfolios allow you to have your savings professionally managed or you may select your own portfolio. We visit your company throughout the year for one-on-one meetings to provide custom financial planning for your retirement goals. Contact us at lstegenga@fcmadvisors.net, 734-429-4680 or 877-429-4690.





Our Mission: At *Jovesight*, we offer un-biased wealth management advice and service to assist our clients in meeting their financial goals.

	<u>YTD September 30, 2022</u>	<u>Dec 31, 2021</u>	<u>Dec 31, 2020</u>	<u>Dec 31, 2019</u>	5 <u>-Year Average</u> 2017-2021	Avg Since Inception 2009-2021
Conservative Model Capital Appreciation	-18.17%	+9.08%	+ 10.34%	+ 17.55%*	+ 8.35%*	+ 8.05%*
Moderate Model Growth & Income	-20.26%	+10.14%	+ 11.67%	+ 19.93%*	+ 9.42%*	+ 9.12%*
Aggressive Model Growth	-21.74%	+10.99%	+ 14.38%	+ 22.36%*	+ 10.55%*	+ 9.35%*
Indexes S&P 500 Index Large Cap U.S. Stocks	-23.87%	+28.71%	+ 18.40%	+ 31.49% -	+ 18.00%	+ 14.28%
MSCI EAFE Index (US Foreign Lrg & Mid Cap Sto	,	+11.78%	+ 8.28%	+ 22.66%	+ 9.39%	+ 6.00%
Barclays US Agg Bond U.S. Gov't Treasury Bonds		-1.54%	+ 7.51%	+ 8.72%	+ 3.02%	+ 1.15%

*Note: Beginning in Jan 2017, FCMA Model returns are actual net-of-fee returns as of the date of the system rebalance. These returns, which are calculated in Morningstar, represent the actual gains/losses for all mutual funds in the model portfolios for the period when FCMA clients were invested in the model portfolios. Prior to 2017, the FCMA Model portfolio results were actual client net-of-fee returns obtained inside various organizations and corporate entities throughout the years. All returns displayed over a period of multiple years are actual geometric averages. These have not been audited by a third party and should not be relied upon to make an investment decision from but used to gain a general understanding of how the FCMA Model portfolios. Performance does not guarantee future results and these returns should only be used to hypothetically compare results between FCMA Model portfolios. Performance returns include reinvestment of dividends and capital gains distributions. The indexes displayed which are S&P 500 index, MSCI EAFE index, and the Barclays US Aggregate Bond index are materially different than the FCMA Model portfolios. Indexes are shown only to give readers a general understanding of how different indexes have performed over the same period.





Newsletter 4Q 2022 & Market Summary

3Q 2022 has continued with a persistent bear market that contracted the market on September 30th to a 52 week intra-day low of -25.31%. Mohammed EI-Erian, Allianz economist on CNBC 10/24/22 called it a "Trilima"= Slowing Growth, High Inflation, and Financial Stability worries. The market has rebounded a bit in October but is still down for 2022. On the backdrop of an inverted yield curve, while interest rates continue to rise, persistent high inflation at 8.1%, and the Ukrainian Russian war continuing. This recession/bear market could continue into 2023 but will be considered a mild recession. The silver linings: Unemployment is at an all-time low of 3.5% with two jobs available for every worker applying, the consumer has slowed but is still spending, 71% of companies are beating revenue for 3Q 2022 and 68% beating earnings, according to Fact Set. The average P/E ratios for the S&P 500 now at 15.1, per J.P. Morgan, which is below the historical average of 16.5 PE and GDP is now slightly positive YTD at .6%. According to Investorspodcast.com Warren Buffett will focus on a company with PE of 15 or lower! These are all decent silver linings which do not indicate recessionary times. This bear market has also created a silver lining opportunity in the bond market that we will discuss later in this newsletter. Foresight has continued to reduce risk in our portfolio strategies and are in defensive allocations to weather the pullback with buffered drops. There has been no place to hide as this market has seen all sectors drop except cash and commodities/oil. The Foresight Mutual Fund Model's held up decently well for 3Q 2022 and as of September 30, 2022 beating the major indices, with the average year to date returns as follows: Conservative -18.17%, Moderate -20.26%, and Aggressive -21.74% when the market indices were all down as follows: S&P 500 -23.87%, Foreign MSCI EAFE -26.76% and Aggregate Bonds -14.61%.

Welcome our employee accomplishments and newest employees at Foresight!



Jessica Osburn Promoted to Supervisor of Para-Planning and Compliance Analyst. Her duties will include assisting in Financial Analysis and Compliance Regulation



Zarek Bratschi Assistant Financial Analyst-Para Planner Oberlin College- BS Econ and Finance emphasis



<u>Paul Katokwe</u> Financial Analyst Intern- pursuing a MBA at EMU in Finance

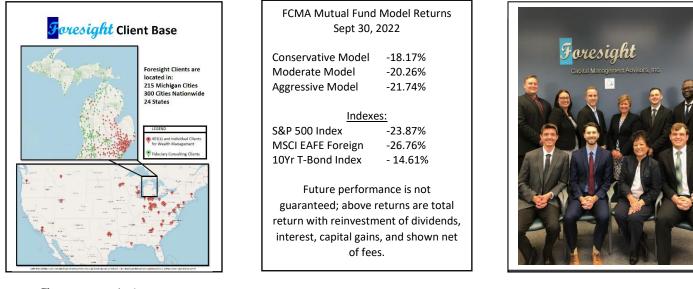


<u>Dominic Thomas</u> Financial Analyst Internpursuing BBA Major at EMU in Finance

I-Bond Investment Idea for idle cash: With inflation at 8.1%, which is some of the highest inflation we have seen in 41 years, the I-Bond or Inflation Bond offered by the U.S. Treasury is something to consider as an investment for idle cash. You can buy up to \$10,000 at Treasurydirect.gov each year. The I-Bonds are paying 6.48% interest for the first 6 months for bonds purchased from November 2022 through April of 2023! So if you did not buy an I-bond in October it is not too late to get a great interest rate. The interest resets every 6 months according to inflation in the U.S. With inflation still running high this is definitely an investment to consider to offset some of the inflationary pressures we all feel in groceries, gas, and purchased goods.

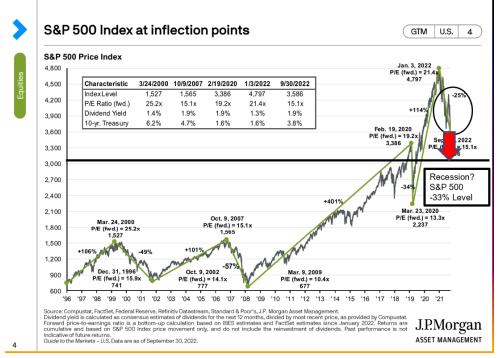
Read Focusing on what you can control: Article by Patrick Carney printed in national magazine by NAPFA! **Foresight ranked as a Top RIA firm Nationally by Financial Advisor Magazine**: Foresight climbed up nearly 200 spots to 482 in the 2021 ranking of RIA firms! This is based on our growth and overall performance as a firm.





Foresight's Outlook and Portfolio Strategies

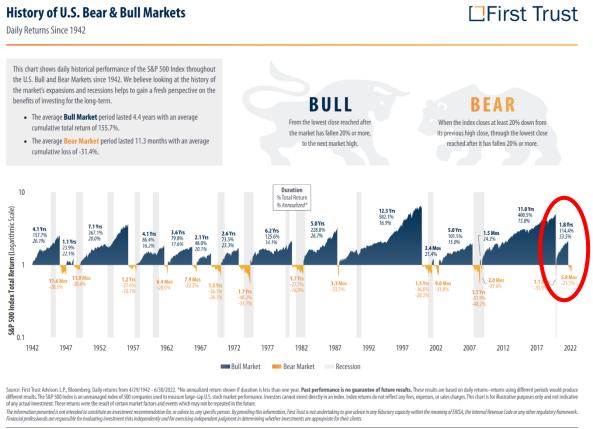
To be a recession or to not to be a recession, that is the question?, inspired by William Shakespeare's famous quote. The 3Q 2022 continued onward with the bear market tearing through all sectors and dropping to even lower lows in September, with S&P 500 down -25.31%. Thankfully October has lifted and the market is now down -18.68%. To answer Shakespeare's question, Foresight believes eventually this bear market will end in a mild recession. What is considered a



mild recession you might ask? It means the S&P 500 will likely drop until it reaches about a -33% which is what the red arrow is pointing to the line at about 3100 for the S&P 500. Foresight has continued to further de-risk the portfolio allocations during 2022 which certainly has helped to stem the losses thus far and all of our mutual fund and mixed portfolios are beating the market with less losses YTD! The chart to the left shows the peak the stock

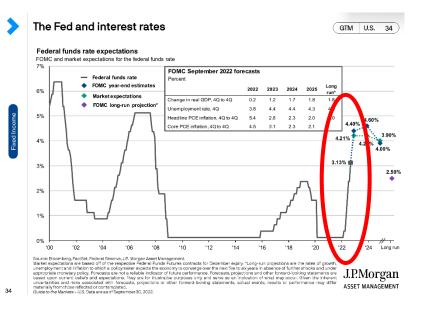
market started the year at 4797 but the red arrow shows the drop the market will need to do if the recession occurs. It means the stock market will likely drop another -5% to -10% before beginning to rebound again. None of us like bear markets but it is a cycle the market takes every 4 to 5 years.

The chart below is a history of U.S. Bull and Bear markets dating back to 1942 or 80 years. It reminds us that the 80:20 Rule is very much in play because the blue charting represents the bull markets which means the market rose during that time which is 80% of the time. The tiny orange down



Not FDIC Insured | Not Bank Guaranteed | May Lose Value

still believed if this bear market becomes a recession then it will be very mild and likely last less than a year. The Federal Reserve will need to carefully raise interest rates to combat inflation and not throw the pre-mature economy into а recession. Thus far they have raised rates 5 times in 2022 and now the Fed Funds rate is up to 3.25%. See the chart to the right how straight up the red circled line is, which shows how hawkish and quick the Fed Reserve has had to raise interest rates in an

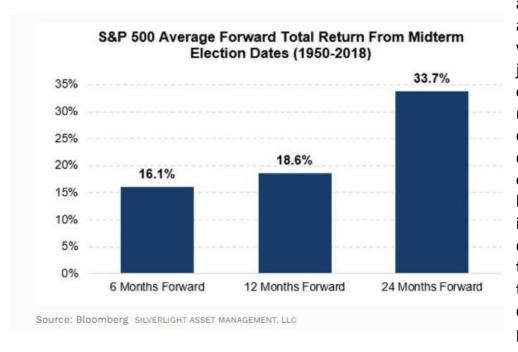


effort to stop inflation. Some prices are dropping in gas, food, and purchased goods, but it will take some time to take effect. We believe there is some sticky inflation that will take years to unwind,

charting is the 20% of the time the market was bearish or dropped. Bull markets last on 4.4 average years and rise 154.9% and markets Bear only last 11.3 months and drop 32.1% on average. None of us like to see markets bear but they cycle every 4 to 5 vears and can turn into а lt is recession.

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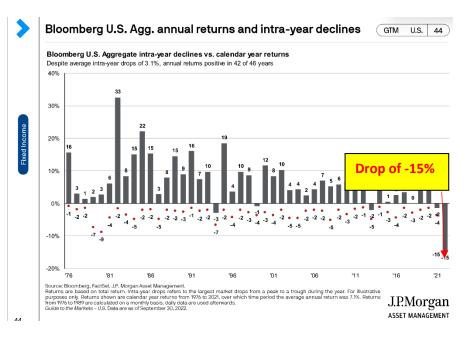
such as rents, hotels/lodging, transportation, healthcare, and education costs. This means the recession, although mild, will not be over quickly and could take on the norm of a traditional recession that takes the better part of a year until it gets moving the economy to growth again. However, according to Bloomberg the S&P 500 following midterm elections has seen the index up



all 18 times since 1950! It is also predicted this recession will impact more white-collar due jobs to pressure companies will have to maintain effective an efficient workforce in all departments. Some Tech companies have never had to lay off workers, but with interest rates more than 2022 doubling in the technology sector will need to begin laying off less efficient workers in order to protect their company.

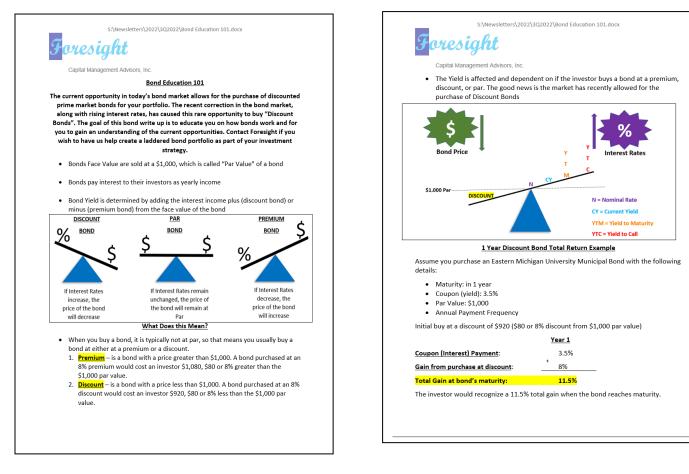
We promised a detail discussion on the silver lining that is occurring in the bond/fixed income market. To start please see the chart below that visually shows what has happened to bonds when they dropped over -15% thus far in 2022. This has never happened over the last 40 years and it has definitely created an opportunity that Foresight is prepared to take advantage of and is implementing if you have custom portfolios with us. This bond market opportunity began in May 2022 and continues today. The bonds have steep discounts since the market dropped the -15%, which means you can now buy the prime market bonds below their face value. This means the bonds are on sale! It is very key that you note you must buy these bonds in the prime market and

actually own the bond. Mutual funds do not work like this and most mutual funds have dropped or lost money just like the market has done. However, the prime market bonds that are being purchased now are getting this benefit if they are bought as a buy and hold strategy. Foresight has discussed our "Barbell Portfolios ", with many of you. These portfolios are created for clients nearing retirement where they can sell their mutual funds and actually own prime



market bonds and stocks paying dividends. These portfolios are benefitting from this silver lining! Please read our Bond Education 101 below if you would like a detail understanding of what the Discount bonds mean to your portfolio.

Contact Foresight if you would like to start a Barbell Portfolio because this silver lining will not last forever and is only seen once every 3 to 4 years when the Federal Reserve raises interest rates and the bond curve inverts. It only lasts a brief amount of time and then the bonds will adjust back to normal interest rates. Please understand the bond education is hypothetical examples to teach a concept about bonds and how they work. These are not actual results and should not be relied on to make investment decisions.



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Capital Management Advisors	, Inc.					0	
<u>2 Year Di</u>	iscount Bond T	otal Return Ex	ample		_	Capital Management Advisors, Inc.	
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Initial buy at a discount of \$920 (\$8	30 or 8% discou	unt from \$1,00	0 par value)			Po	ortfolio
	Year 1	Year 2					
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Gain from purchase at discount:	4%	4%				inter it	
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Foresight has moved the portfolios back to their defensive risk level allocations of about 55:45 for Moderate, 45:55 for Conservative, and 65:35 for Aggressive, we have reduced the equity slightly because of the persistent bear market and high inflation. We are watching the market carefully and positioning your funds to be able to ride through this rough time with a buffered downside. It is a wait and see time period so we have decided to play it safer with less risk. Foresight sees opportunities in U.S. large value stocks, infrastructure, prime market bonds, and some foreign large value. For Individuals who have personal portfolios with Foresight we continue to monitor the stock portfolios weekly using stop-losses and have been purchasing discount bonds with excess cash. Foresight has built out the laddered bond holdings this quarter as more discount bonds have become available in the market. These have been opportunities to add great interest paying bonds and add stability to the portfolio to help weather the volatility in the market. Please call or email if you have any questions or would like to review your portfolios.

Patrick Carney was interviewed by the NAPFA, an organization for fee-only advisors, and has a wonderful article in their national magazine. I encourage you to read it as it fully describes the importance of a young financial planner's mission and goals to help clients. Foresight was ranked in the Financial Advisors Magazine in the Top 500 advisors nationally and in the top 150 advisors in Michigan! Lastly, two of our interns Paul Katokwe and Dominic Thomas placed 3rd in a national collegiate finance competition for EMU. Have a very nice upcoming holiday time and remember to be a recession means it is finally hitting the bottom and then will begin the new recovery, this bear market will eventually pass, with a high likelihood we will be rebounding a year from now!

Foresight Planning Ideas

IRS Contribution Limits for 2023:

The IRS has released the new 401(k),403(b), and 457 savings limits for 2023 and there are many areas that have increased.



Contribution Limits

	<u>2022</u>	2023
401(k), 403(b), or 457 deferral limit	\$20,500	\$22,500
401(k), 403(b), or 457 catch-up deferral limit	\$6,500	\$7,500
401(k), 403(b), or 457 max. deferral if age 50+	\$27,000	\$30,000
Total Savings deferral, match, and profit sharing	\$61,000	\$66,000
IRA deferral limit	\$6,000	\$6,500
IRA maximum deferral if age 50+	\$7,000	\$7,500
Simple IRA deferral limit	\$14,000	\$15,500
Simple IRA maximum deferral if age 50+	\$17,000	\$19,000
SEP IRA deferral limit (maximum not to exceed 25% of earnings)	\$61,000	\$66,000
Annual Comp limit & SEP IRA wage limit cap	\$305,000	\$330,000
Highly Compensated Employee wage limit	\$135,000	\$150,000
Roth IRA phase-out range (married)	\$204,000-\$214,000	\$218,000-\$228,000
Roth IRA phase-out range (single)	\$129,000-\$144,000	\$138,000-\$153,000
Traditional IRA phase-out range (married)		
*with workplace retirement plan	\$109,000-\$129,000	\$117,000-\$137,000
*without workplace retirement plan	\$204,000-\$214,000	\$218,000-\$228,000
Traditional IRA phase-out range (single)	\$68,000-\$78,000	\$73,000-83,000
Annual Gift Exclusion	\$16,000	\$17,000
Health Savings Accounts (HSA) and		
	<u>2022</u>	2023
Individual HSA limit	\$3,650	\$3,850
Family HSA limit	\$7,300	\$7,750
Individual HSA limit age 55+	\$4,650	\$4,850
Family HSA limit age 55+ Individual HDHP minimum deductible	\$8,300	\$8,750
Family HDHP minimum deductible	\$1,400 \$2,800	\$1,500 \$3,000
Individual HDHP maximum out-of-pocket	\$7,050	\$7,500
Family HDHP maximum out-of-pocket	\$14,100	\$15,000
runny more maximum out-or-pocket	ψ1 - ,100	\$13,000

IRS Announces 04-Nov-2022 Employee Benefit Plan Limits. https://www.irs.gov/newsroom/irs-announces-401k-limit-increases-to-20500 Partners at McDermott Will & Emery Law Firm. www.mwe.com

Social Security Some Great News: The Social Security COLA increase for 2023 is going up 8.7%!

Foresight Ranked in the Top RIA firms nationally: as 482 for this year's magazine participants out of a possible 23,408 firms nationally, we also rank 128 out of 3669 for the State of Michigan. We are extremely pleased with this standing and have risen nearly 200 in ranking since a year ago! Our hard work on your behalf will continue to show our investment philosophy is working.

will continue to show our investment philosophy is working.



Patrick Carney's Article with NAPFA organization: Visit the site below to read Patrick's article! Learn what

PRACTICE PROFILE

🖶 Print this Article 肻 🈏 in 🕒

the site below to read Patrick's article! Learn what
 his journey has been as a young financial
 planner and the satisfaction he gets from

helping clients reach their investment goals.

Focusing on what you can control

Patrick L. Carney of Foresight Capital Management Advisors

By Bridget McCrea

As a young fee-only professional, 28-year-old Patrick L. Carney knows that people are going to assess and interact with him differently than they would, say, an advisor with 10-plus years of experience in the profession. This reality doesn't bother the director of personal wealth management at Foresight Capital Management Advisors in Saline, MI, but it has pushed him to accelerate his education and learn as much as he can about financial planning.

"One thing that's very difficult for new advisors in general is getting started and gaining the respect of current and prospective clients. A lot of people come to us looking for an advisor who has a vast array of experience, education, and knowledge," says Carney. "When you're first starting out, you don't have that decade—or multiple decades—of experience that many clients are looking for."

Carney says he stopped worrying about things he couldn't control (e.g., his age, years of career experience, and similar measures) and instead has been working hard over the last six years to earn certifications that position him as a high-level fiduciary. So far, he's earned his CFP[®], AIF[®], and CIMA[®] credentials, the last of which he attained by completing the education requirements at the Yale School of Management.



Visit this site to read the whole article: https://www.naylornetwork.com/napf-nwl/articles/index.asp?aid=734769&issueID=94950

Foresight Interns Stand out at EMU and on the National Stage: Paul Katokwe and Dominic Thomas, both interns at Foresight, presented at a National competition a detailed analysis of company valuation. Some of the hands on analyzes were items they had learned and witnessed at Foresight. Congratulations to both of them and fantastic work in placing nationally!



Paul Katokwe was featured in EMU Today article:

Search



(https://www.emich.edu)

EMU Today (/hub)

A strong will and support network inspired EMU international student to persevere



Paul Katokwe is an EMU finance student and graduate assistant from the Democratic Republic of Congo. YPSILANTI – There are nearly 1,000 international students from more than 80 nations that make up Eastern Michigan

University's student population. Eastern is committed to helping international students achieve their secondary education with many resources to help them advance throughout their careers.

A great example is Paul Katokwe, a current EMU finance student and graduate assistant from the Democratic Republic of Congo. Katokwe began his studies in the U.S. in January 2016 at Washtenaw Community College and ultimately transferred to Eastern after obtaining his associate's degree. Katokwe's transition didn't happen without his fair share of lifestyle and financial challenges.

During Katokwe's first year at Eastern, his father was his primary source of financial support. After learning that his father retired and that he would need to explore other options, Katokwe began to seek resources available to students on EMU's campus. Swoop's Pantry became a vital source for him during that time, in addition to on-campus computer labs.

"After finalizing my transfer at EMU, I could work an on-campus job to make ends meet," said Katokwe. "I made connections that would help me further my education financially."

Katokwe became heavily involved in the campus community, where he met with Kenneth Lord, dean of EMU's College of Business. Through this connection, Lord helped Katokwe obtain substantial financial aid to further his education and assist with his education and heads amid the 2020 pandemic. During the same year, after spending several months unemployed due to COVID-19 restrictions, he also received funding from EMU's emergency fund to help pay for rent and other living expenses. "I would say that 2020 was the most challenging year in my academic journey at so many levels, but several community members and resources at EMU helped alleviate the burden."

"I still recall the day Kim Barker, full-time lecturer at EMU's College of Business, drove to my place with her daughter just to hand me a comforting card and tell me it was going to be okay," said Katokwe. "Community members like Kim Barker have gone above and beyond in supporting me personally and academically and this is what makes me feel EMU is my second home away from home."

Although Katokwe's financial obstacles did not hinder him from reaching academic excellence, he is continuously taking advantage of an array of campus resources to help boost his performance in the clasoroom since joining EMU. Today, Katokwe is on track to graduate in December with a cumulative A-0-grade point average.

He also secured an internship at Foresight Capital Management Advisors, Inc. as a financial analyst in May. When asked about his post-graduation pians, Katokwe hopes to be able to visit family back home, in addition to enrolling in EMU's doctorate program, as well as starting a career in the finance field.

"I want to share my experience with students to let them know that anything is possible," said Katokwe. "Being able to complete my education at Eastern has changed my life for the better and has opened doors to great opportunities, despite the financial hardships I/we experienced along the way."

About Eastern Michigan University

Founded in 1849, Eastern is the second oldest public university in Michigan. It currently serves more than 15,000 students pursuing undergraduate, graduate, specialist, doctoral and certificate degrees in the arts, sciences and professions. In all, more than 300 majors, minors and concentrations are delivered through the University's Colleges of Arts and Sciences; Business; Education; Engineering and Technology; Health and Human Services; and its graduate school. National publications regularly recognize EMU for its excellence, diversity, and commitment to applied education. For more information about Eastern Michigan University, visit the (<u>https://www.emich.edu/University's website</u> (<u>https://www.emich.edu/J</u>. To stay up to date on University res, activities and announcements, visit (<u>https://cdaay.emich.edu/JENU Today.(https://doday.(https:</u>

September 14, 2022

Written by: Brittany Mob**l**ey

PEP-Pooled Employer Plans: Foresight now offers 401(k) plans for small businesses under the new SECURE Law that introduced PEP Plans to all small businesses. No matter what size your company is with employees from 1 to 100 can join a PEP plan and offer 401(k) savings limits to your company employees! The PEP offers economy of scale and keeps the cost extremely reasonable for all members of the PEP. Please call us today for more information on how to join the new PEP 401(k) plans and offer your employees a new benefit!

I-Bond Investment Idea: With inflation running at 8.1%, which is some of the highest inflation we have seen in 40 years, the I-Bond or Inflation Bond offered by the U.S. Treasury is something to consider as an investment for idle cash. You can buy I-bonds from \$25 up to \$10,000 maximum at Treasurydirect.gov and up to an additional \$5,000 in paper bonds with your income tax refund, however you need to file a form 8888 if you wish to invest your IRS refund in an I-Bond. The I-Bonds are paying 6.48% interest for the first 6 months for bonds purchased from November through April 2023! The interest resets every 6 months according to inflation in the U.S. The interest you earn is federally taxed but you do not pay state or local taxes on this interest. You must hold the bond for at least 1 year and if you cash it in before 5 years you will lose only 3 months of interest as the penalty. So consider if you receive 6.48% from Nov to April 2023 and then the interest resets in May at 4% the average interest you would receive for the year is 5.24%! Now compare that to money market interest rates or one year CD's in the banks which are averaging 2.15% to 2.75% according to Bankrate.com. The I-Bond looks to be a real winner, especially with inflation running high this is definitely an investment to consider to offset some of the inflationary pressures we all feel in groceries, gas, and purchased goods. Visit Treasurydirect.gov to learn more and open an account if you wish to purchase an I-Bond.

HSA-Health Savings Plans: Foresight now offers HSA investment plans with debit cards and investment growth for your health care savings accounts. Most employers are now offering HSA plans with your health benefit plans to keep costs reasonable, but the HSA plan attached to the benefit does not allow for you to invest your HSA account and the funds just set in a bank account. The Foresight HSA can be opened, in addition to your employer HSA, and allows you to invest your HSA in our Foresight Models just like we have for our 401(k) plans or mutual funds clients. Any unused HSA balance you have can be easily transferred to a Foresight HSA and made into an investment portfolio while keeping the minimum at your employer for use with your debit card! Then if you need funds put on your debit-card we can simply move funds to the debit card as needed. In the meantime, your HSA is growing and can be saved for healthcare in retirement too! Contact us for more information, 877-429-4690.

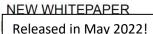
A New Idea! Charitable Remainder Trusts-CRT to Stretch Inherited IRAs for your beneficiaries:

Meriline & Meacham, PA attorneys at law article, Jan 10, 2022, With proper planning, a charitable remainder trust can replicate a "stretch" IRA. Here's how it works according to Meriline and Meacham's article: You provide in your estate plan that on your death an IRA will be transferred to a CRT. This is an irrevocable trust that pays out a percentage of its assets to your children or other beneficiaries for life (or for a term of up to 20 years) and then distributes its remaining assets to one or more charities. A CRT is a tax-exempt entity, so any assets you contribute to the trust -including IRAs- aren't subject to tax unless they're distributed to noncharitable beneficiaries. The longer distributions can be stretched out, the closer a CRT comes to replicating a stretch IRA. It's important to note, however, that the trust's ability to do so depends on the age of your beneficiaries when you die. Contact us for more information.

CEPA- Certified Exit Planning Analysis Services: Foresight is now certified to provide exiting planning valuations for businesses and owners. Our firm is also prepared to assist with implementing business improvements to assist with increasing the value of your business prior to an exit or retirement. If you are interested, or know of someone who is interested, in pursuing services in this area please reach out to Foresight at 877-429-4690.

The Chips Act: recently passed in the Senate and Congress as law and is expected to expand domestic semiconductor manufacturing research and development and add about 90,000 jobs. This act will ramp up over the next five years and allow America to become a world leader in semiconductors. This law was supported as a bipartisan bill and passed in the Senate first. Ohio will be one of the first states to benefit from an announcement from Intel to build a world state of the art facility and is expected to create 10,000 jobs. Michigan has also landed a semi-conductor contract to build chips outside of Lansing. We will keep you updated as this progresses.

Last Pass App; Allows you to enter your Passwords in the application on your cell phone. The app allows you to assign Masters (people) who can enter the app and obtain the information if you pass away. Masters would be given the information to access your cell phone and this app to obtain the critical information needed. This is an app worth looking into as a safekeeping vault for all your passwords and user id logins.







Topics Covered

- Holistic Approach to Finances
- · Life Coaching
- Behavioral Finance
- Monte Carlo Simulation High Touch Services
- The Ultimate Balancing Act

Foresight released our new Whitepaper in May 2022!

Focused on the many financial planning areas a young professional should strategically work into their overall lifestyle. When this is organized and addressed at a young age the young professional can successfully launch their career, start a family, pay off student debts and plan for their future! We walk through the Foresight holistic approach to financial planning in this new whitepaper that will be a must read for most career minded professionals. The sooner you read this whitepaper the more settled you will be as you begin the journey in your career.

On-line Access: Each year we encourage everyone to test your on-line access to your account(s) at the custodian or third-party administrator for your plan. Please visit Journeyrps.com, Definiti.com, or Sentinelgroup.com retirement participant. For individual clients at TD Ameritrade access Advisorclient.com for Schwab Institutional Clients access Schwaballiance.com. Please note Schwab has purchased TD Ameritrade and beginning the fall of 2023 all TDA clients will be contacted with new Schwab access and account number information. All your TDA information and setup will transfer over to Schwab. We will contact you when it is your time to access your accounts on the Schwab.com website. To access your web portal for individual accounts, go to https://fp.morningstar.com. If you have any difficulty accessing your account, please email or contact us.







Newsletter 4Q 2022 & Market Summary

Market Update (all values as of

09.30.2022)

Stock Indices:

Dow Jones	28,725
S&P 500	3,585
Nasdaq	10,575

Bond Sector Yields:

2 Yr Treasury	4.22%
10 Yr Treasury	3.83%
10 Yr Municipal	3.26%
High Yield	9.50%

YTD Market Returns:

Dow Jones	-20.95%
S&P 500	-24.77%
Nasdaq	-32.40%
MSCI-EAFE	-28.88%
MSCI-Europe	-30.50%
MSCI-Pacific	-25.80%
MSCI-Emg Mkt	-28.91%
US Agg Bond	-14.61%
US Corp Bond	-18.72%
US Gov't Bond	-15.10%

Commodity Prices:

commonly mees.	
Gold	1,668
Silver	19.01
Oil (WTI)	79.74
Currencies:	
Dollar / Euro	0.97
Dollar / Pound	1.09
Yen / Dollar	144.50
Canadian /Dollar	0.73

Macro Overview

Financial markets were distraught during the third quarter as rising rates, inflation, and slowing economic activity hindered major equity indices. Dramatic tax cuts implemented in the U.K. stirred global financial currency markets with the British pound falling to historic lows. Fiscal policy reform is becoming a focal point as various international economies are poised to fall into recession.

The effects of Hurricane Ian on the insurance and property casualty industry may take months to determine. Preliminary estimates are expected to surpass \$57 billion in property losses and damage, yet not as catastrophic as Katrina's \$125 billion in losses during 2005.

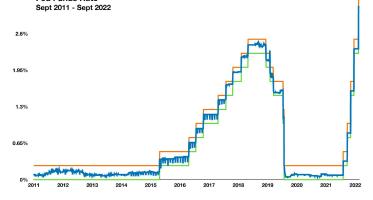
Affordability constraints from elevated home prices and rising mortgage rates continue to hinder housing nationwide. Consequently, mortgage volume for both purchased and refinanced loans fell to a 22-year low in late September due to increasing rates which are slowing mortgage activity.

Concerns surrounding the extent of the Federal Reserve's strategy on raising rates affected fixed-income and equity markets in September. The Fed's strategy to combat inflation by increasing the Fed Funds rate has been one of the most ambitious in decades. The Federal Reserve increased short-term rates again in September with the Fed Funds rate reaching a target range of 3% to 3.25%. (Sources: Federal Reserve, FreddieMac, Mortgage Bankers Association, Treasury Dept., Bloomberg)

The Fed's Continuous Increase Of The Fed Funds Rate – Monetary Policy

The Fed Funds Rate, which is controlled by the Federal Reserve Board (also known as the Fed), is the interest rate at which banks charge each other to borrow money. This year, the Fed has continued to aggressively increase the rate.

The effects of increasing the Fed Funds Rate are more expensive borrowing costs and reduced demand for borrowing money. By increasing the rate, the Fed hopes to pacify rising inflation, as the U.S. is currently experiencing the highest inflation rate observed since 1981.



In March of this year, the Fed began its increase of interest rates. Before then, the rate was effectively at close to 0% between April 2020 and February 2022. As of September 21st, the rate has a target range of 3% to 3.25%, which means the rate has risen 3% in just 7 months. This is the largest

increase made by the Fed in a single year since 1982. Based on this, the Fed Funds Rate would reach 4% to 4.25% by the end of the year. (Sources: Federal Reserve Bank of St. Louis, Federal Reserve Bank of New York)



Stocks Endure Difficult Third Quarter – Domestic Equity Overview

Equities across the board were down in the quarter ending September 30th, as the market continues to react to global turmoil and the Fed's aggressive interest rate spikes. Sectors that held up the best relative to other sectors included biotechnology, healthcare services, and oil/gas, joined by banks, semiconductors, and healthcare equipment.

Various equity analysts believe that the current rallies in equities are bear market rallies with little or no fundamental strength. Optimistically, certain sectors are establishing more attractive valuations as prices have receded.(Sources: S&P, Dow Jones, Bloomberg)

Short-Term Bond Rates Remain Higher Than Long-Term Bond Rates – Fixed Income Review

Rising rates are being compounded by the Fed's suspension of buying U.S. Treasuries and mortgage bonds on the open market. Along with the Fed's current increase in short-term rates, the additional pressure on the fixed-income market has exacerbated the rapid rise in interest rates.

Short-term Treasury bond yields remained higher than longer-term maturities in September, known as an inverted yield curve. The 2-year Treasury yield finished September at 4.22% while the longer-term 10-year Treasury yield was at 3.83%.(Sources: U.S. Treasury, Bloomberg, Federal Reserve)

Euro and Pound Plummeting – Currency Update

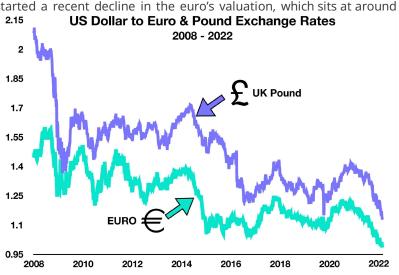
The European economy is currently experiencing turbulence due to the Ukrainian conflict and Russian supply cuts. On the other hand, high-interest rates have increased the strength of the U.S. dollar, resulting in historical lows in the exchange rates of the U.S. dollar to European currencies.

2022 marked the first time the U.S. dollar hit parity, or equal value, with the euro since 2002. The euro's peak value was in April of 2008 when one euro was equal to 1.6 dollars. However, the aforementioned economic turbulence in Europe has started a recent decline in the euro's valuation, which sits at around

one euro equal to 0.97 dollars.

A more drastic decline can be seen in the dollar and the British pound exchange rate. The pound saw a peak of around 2.1 dollars equal to one pound in November 2007, yet has lost nearly half its value in the approximately 14 years since. Currently, the pound is equal to 1.09 dollars, nearly a 50% decline from this peak to the current valuation.

These exchange rates not only



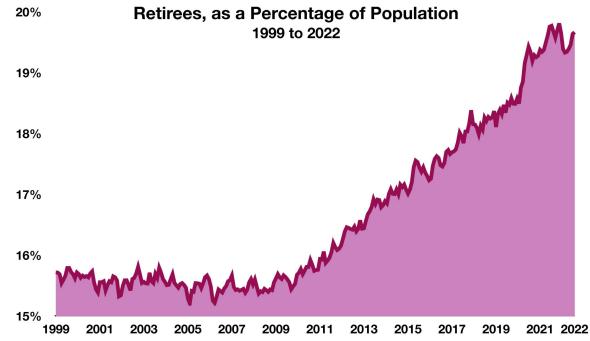
highlight the turbulence in European economies but also the growing strength of the U.S. dollar. The dollar has historically grown stronger in times of global recession and war, which is currently the case as well. Many European goods are much relatively cheaper now for Americans, which could remain for months or even years. (Sources: Board of Governors of the Federal Reserve System, Federal Reserve Bank of St. Louis)



Retirees Make Up an Increasing Portion of the Population - Retirement Trends

Since the early 2010s, the share of the U.S. population made up of retirees has been growing at a fairly constant rate, yet saw a spike since the beginning of the pandemic. In just the first year of the pandemic, an additional 1.3% of the population was made up of retirees- which is 3.6 million people.

In comparison, the average annual growth rate from 2010 to 2020 was just 0.3% per year. Had this pace continued, the Kansas City Fed states that the number of retirees would have expanded by 1.5 million rather than the actual 3.6 million retirees. The increased rate generated over 2 million additional retirees.



This increase, however, is not attributed to the commonly held perception of retirement where employed people transition into retirement. According to the Kansas City Fed, this increase in the number of retirees is due to the decrease in the number of retirees who decide to come out of retirement and rejoin the workforce. So, for many retirees, deciding to go back to work sounds much more unappealing than it did in the years leading up to the pandemic.

Compared to rates before the pandemic, current employment-to-retirement and retirement-tounemployment rates have remained constant, whereas a drop-off has been seen in the rates of unemployment-to-retirement and retirement-to-employment. This portrays that around the same number of people are entering retirement from the workforce or starting to look for a job during retirement, while fewer people are finding a job after retirement.

Many retirees are still generally considered young enough to rejoin the workforce and have rejoined the workforce since the pandemic has calmed down this past year. From February 2020 to June 2021, 0.7 million people under the age of 60 retired, 0.5 million between the ages of 61-67, and 1.6 million between the ages of 68-75. Over 250,000 people within these groups can return to work, which may lead to an increase in retirement-to-employment rates in the future. (Sources: Kansas City Fed, U.S. Census Bureau)

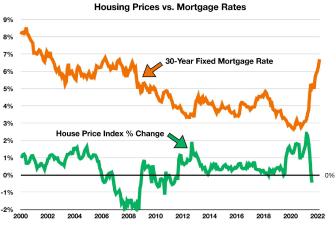


Housing Affordability / Series 1 of 2: Rising Mortgage Rates Deter New Buyers - Housing Overview

The 30-year conforming mortgage rate has a profound effect on the prices of homes and the rate at which interest is collected on mortgages. This rate is increasing, which has an inverted effect on home prices, causing them to drop for the first time in over a decade.

Between July and June of 2022, home prices experienced their first monthly drop since March of 2012. This ended a decade-long surge of rising home prices by falling to -0.44% from June to July of 2022. The cause of this is high mortgage rates.

Mortgage rates, as of late September 2022, have reached 6.7%. This is the highest they have been in over 16 years and have not reached this level since July 2006. When mortgage rates are at such high levels, they

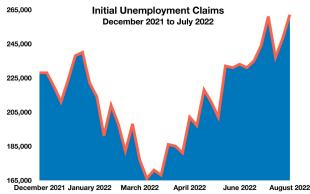


can deter new homebuyers, as potential buyers do not want to purchase a home on which they have to pay such high interest. Thus, sellers are forced to drop their home prices to look more favorable to buyers, but such high mortgage rates still end up making most houses more expensive than they were months ago when home sale prices were relatively higher.

Currently, 66% of Americans are homeowners, which is down from 2004 highs of nearly 70% but still on the rise from 2016 lows of 63%. However, these mortgage rates are expected to drop the homeownership rate yet again as an increasing amount of potential buyers are dissuaded from purchasing a home now and instead look to rent and wait until mortgage rates drop. (Sources: U.S Census Bureau, S&P Dow Jones Indices, Freddie Mac, Federal Reserve Bank of St. Louis)

Unemployment Claims On The Rise – Labor Market Overview

Unemployment claims reached their highest level since late November 2021, and have steadily increased throughout the year. As of the week ending on August 6th, the job market saw initial unemployment claims rise to 262,000. This was an increase of 14,000 claims from the previous week's 248,000 claims and an increase of over 30,000 claims from just 6 weeks prior. This gradual increase in unemployment claims is emerging as uncertainty over the economy expands. Many sectors, specifically tech and real estate, are



experiencing stagnated hiring and even layoffs.

With a volatile stock market and a slowing economy, technology companies are easing and even freezing hiring and in some cases conducting layoffs. Optimistically, layoffs are not at the high levels they were during the pandemic, but unemployment claims have been steadily increasing. This could foreshadow more uncertainty in an economy that has begun to slow down. (Sources: U.S. Employment and Training Administration, Federal Reserve Bank of St. Louis)

A ("Auto-Pilot" Models)

Schwab Trust and Matrix

October 18,2022 CN

100.00%

8.01% 6.11% 90.71 0.61 -0.22 0.67

<mark>F</mark>oresight

7.08% 5.33% 88.87 0.50 -0.18 0.67

Conservative Morningstar Statistics as of 9/30/2022

^Average Mstar Sustainability Rating (ESG)

Conservative Morningstar St 10 yr Mean Return 5 yr Mean Return 5 yr R 5 yr Beta 5 yr Alpha Average Net Expense Ratio Awerage Metar Sustainabilit

Capital Management Advisors, Inc.

100.00%

								*ODIA : Qualified Default In			
		Allocation**	Aggressive	[Allocation**	Moderate	*QDIA : Qualified Default In	vestment Alternative	Allocation**	Conservative
		Allocation	Aggressive			Allocation				Allocation	Conservative
Aggressive Portfolio		Equities 64% and Fixed Inc 36%	Weightings	<u>Moderate Portfolio</u>		Equities 54% and Fixed Inc 46%	Weightings	<u>Conservative Portfolio</u>		Equities 43% and Fixed Inc 57%	Weightings
SWLGX	Schwab Lg Growth Index	Large Growth	2.00%	SWLGX	Schwab Lg Growth Index	Large Growth	1.00%	SWLGX	Schwab Lg Growth Index	Large Growth	0.00%
PRILX	Parnassas Core Equity Fund	Large Blend	3.00%	PRILX	Parnassas Core Equity Fund	Large Blend	2.00%	PRILX	Parnassas Core Equity Fund	Large Blend	1.00%
SWPPX	Schwab S&P 500 Index	Large Blend	7.00%	SWPPX	Schwab S&P 500 Index	Large Blend	6.00%	SWPPX	Schwab S&P 500 Index	Large Blend	4.00%
NBPIX	Neuberger Berman Large Cap Val I	Large Value	9.00%	NBPIX	Neuberger Berman Large Cap Val I	Large Value	9.00%	NBPIX	Neuberger Berman Large Cap Val I	Large Value	9.00%
FDVLX	Fidelity Value	Mid Cap Value	6.00%	FDVLX	Fidelity Value	Mid Cap Value	5.00%	FDVLX	Fidelity Value	Mid Cap Value	4.00%
BRSVX	Bridgeway Small Cap Value	Small Value	7.00%	BRSVX	Bridgeway Small Cap Value	Small Value	5.00%	BRSVX	Bridgeway Small Cap Value	Small Value	3.00%
PRMTX	T. Rowe Price Comm & Tech Investor	Communications	2.00%	PRMTX	T. Rowe Price Comm & Tech Investor	Communications	1.00%	PRMTX	T. Rowe Price Comm & Tech Investor	Communications	1.00%
TFIFX	T. Rowe Price Financial Svcs I	Financial	2.00%	TFIFX	T. Rowe Price Financial Svcs I	Financial	2.00%	TFIFX	T. Rowe Price Financial Svcs I	Financial	1.00%
VENAX	Vanguard Energy Index Admiral	Energy and Commodities	2.00%	VENAX	Vanguard Energy Index Admiral	Energy and Commodities	2.00%	VENAX	Vanguard Energy Index Admiral	Energy and Commodities	2.00%
*PRHSX	T. Rowe Price Health Sciences	Health	3.00%	PRHSX	T. Rowe Price Health Sciences	Health	2.00%	PRHSX	T. Rowe Price Health Sciences	Health	2.00%
TOLIX	DWS RREEF Global Infrastructure Inst	infrastructure	3.00%	TOLIX	DWS RREEF Global Infrastructure Inst	infrastructure	3.00%	TOLIX	DWS RREEF Global Infrastructure Inst	infrastructure	2.00%
EVUYX	Allspring Utility & Telecom I	Utilities	4.00%	EVUYX	Allspring Utility & Telecom I	Utilities	4.00%	EVUYX	Allspring Utility & Telecom I	Utilities	6.00%
FELIX	Fidelity Advisor Semiconductors 1	Technology	3.00%	FELIX	Fidelity Advisor Semiconductors 1	Technology	2.00%	FELIX	Fidelity Advisor Semiconductors 1	Technology	0.00%
SCMIX/CCOYX(Matrix)	Columbia Seligman Tech & Info Inst2	Technology	3.00%	SCMIX/CCOYX(Matrix)	Columbia Seligman Tech & Info Inst2	Technology	3.00%	SCMIX/CCOYX(Matrix)	Columbia Seligman Tech & Info Inst2	Technology	3.00%
TBWIX	Thornburg Better World International I	Foreign Large Blend	2.00%	TBWIX	Thornburg Better World International I	Foreign Large Blend	2.00%	TBWIX	Thornburg Better World International I	Foreign Large Blend	2.00%
IVFLX	Federaed Hermes Intl Strat Val Div R6	Foreign Lg Value	4.00%	IVFLX	Federaed Hermes Intl Strat Val Div R6	Foreign Lg Value	4.00%	IVFLX	Federaed Hermes Intl Strat Val Div R6	Foreign Lg Value	2.00%
LDIFX	Franklin Global Dividend IS	World Lg Value	2.00%	LDIFX	Franklin Global Dividend IS	World Lg Value	1.00%	LDIFX	Franklin Global Dividend IS	World Lg Value	1.00%
CPXIX	Cohen & Steers Preferred Sec & Inc I	Preferred Stock	5.00%	CPXIX	Cohen & Steers Preferred Sec & Inc I	Preferred Stock	5.00%	CPXIX	Cohen & Steers Preferred Sec & Inc I	Preferred Stock	5.00%
VICIX	Victory INCORE Investment Grd Convert I	Convertible Bonds	4.00%	VICIX	Victory INCORE Investment Grd Convert I	Convertible Bonds	6.00%	VICIX	Victory INCORE Investment Grd Convert I	Convertible Bonds	7.00%
AFRYX	Invesco Floating Rate ESG Y	Floating Interest Rate	2.00%	AFRYX	Invesco Floating Rate ESG Y	Floating Interest Rate	5.00%	AFRYX	Invesco Floating Rate ESG Y	Floating Interest Rate	5.00%
FIJEX	Frost Total Ret Short Bond	Short Duration Bond	3.00%	FIJEX	Frost Total Ret Short Bond	Short Duration Bond	5.00%	FIJEX	Frost Total Ret Short Bond	Short Duration Bond	7.00%
PTIAX	Performance Trust Strategic Bond	Intermediate Core Plus	5.00%	PTIAX	Performance Trust Strategic Bond	Intermediate Core Plus	5.00%	PTIAX	Performance Trust Strategic Bond	Intermediate Core Plus	7.00%
RGVGX	American Funds US Govt Sec R6	Intermediate Gov't Bond	2.00%	RGVGX	American Funds US Govt Sec R6	Intermediate Gov't Bond	3.00%	RGVGX	American Funds US Govt Sec R6	Intermediate Gov't Bond	5.00%
JASSX	Easterly Structured Credit Value R6	Multi Sector Bond	5.00%	JASSX	Easterly Structured Credit Value R6	Multi Sector Bond	6.00%	JASSX	Easterly Structured Credit Value R6	Multi Sector Bond	8.00%
SNVXX/FGGXX(Matrix)	Schwab Government Money Fund	MMKT	10.00%	SNVXX/FGGXX(Matrix)	Schwab Government Money Fund	MMKT	11.00%	SNVXX/FGGXX(Matrix)	Schwab Government Money Fund	MMKT	13.00%

ting (ESG

Moderate Morningstar Statistics as of 9/30/2022

Moderate Morningstar Stati 10 yr Mean Return 5 yr Rⁱen 5 yr Beta 5 yr Alpha Average Net Expense Ratio Awerage Metar Suctainabilit

^Average Mstar Sustainability Ra

Aggressive Morningstar Statistics as of 9/30/2022	
10 yr Mean Return	8.89%
5 yr Mean Return	6.81%
5 yr R ²	92.28
5 yr Beta	0.69
5 yr Alpha	-0.13
Average Net Expense Ratio	0.66

Noverage Mista Sustainability fatting: (\$56)
 If is a masure of the correlation of the portfolio to \$89 500 index. The higher the if the lower the portfolio's diversification. A low if is derived.
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100.00%

Investment p e is not guar eed. Past performance may not be a good predictor of future performance

Sweep Accounts Use: Schwab Trust and Custody use SNVXX Matrix use FGGXX

¹⁴Our company has elected the Forsight Conservative Portfolio as the Qualified Default Investment Alternative (QDIA). If you do not choose your own investment portfolio, your funds will be invested in the Forsight Conservative Portfolio Model. For further information on the QDIA, please refer to the QDIA investment notice, which can be found in your Human Resource Office.

^Average Mstar Sustainability Rating (ESG) can range from 5 to 1 with 5 being high end, 4 above average, 3 average, 2 below average, 1 lowest

Retirement Model Portfolios with ESG ranking

B (Best Screened Funds) Foresight uses only no-load or load-waived mutual funds. If research is done on any of the tickers listed below and a load fee is displayed, please disregard this fee. Your custodian (Schwab or Matrid) values there load fees and there are not included in any trades notaed the fees



10/28/22-JO

			Tot Dec					are not included in a	ny trades placed	by Foresight.	Motor Dist.	Motor Sustainability			Eurod I.
Ticker	Fund Name	Prospectus Objective	Tot Ret % YTD	Tot Ret Annizd % 3 Yr	Tot Ret Annizd % 5 Yr	Sta Dev % S Tr	% Rank 1 Yr 3 Yr	Sharpe Ratio	Alpha % 3 Yr	Net Expense Ratio	Wistar Risk 3 Yr	Mstar Sustainability Rating (ESG)	Phone Number	Internet Web site	Fund Inc Date
	ION - 30%-50% EQUITY					STOCK (EQL									
	E Funds in allocation categories seek to provide both i											es between 30% and			
FX	Vanguard Tax-Managed Balanced Adm Allocation - 30%-50% Equity Category (Average of 458 Funds)	Balanced	-17.17 -17.26	3.56 0.12	4.99 1.76	11.61 10.66	21 2	0.30 0.01	2.36 -1.02	0.09 0.94000	Above Avg		+1 8776627447 www.vanguard.com	www.vanguard.com 9/6/199	9/6/199
NG - 51	HORT EQUITY													5,0,155	
scriptio	on: Long-short portfolios hold sizable stakes in										itions in an a	ttempt to earn a	modest return t	hat is not tied to the mar	ket's
rtunes. C LAX	Other portfolios that are not market neutral will AB Select US Long/Short A	shift their exposure to long a Growth	nd short p -11.41	positions depend 6.44	ling upon their m 6.61	10.43 10.43	the opportur 38 23	nities they uncove 0.59	r through bott 1.49	om-up research. 1.88	Below Avg		+1 212 9691000	www.abglobal.com	12/12/
	Long- Short Equity Category (Average of 203 Funds)		-12.29	3.39	3.07	14.31		0.27	-0.80	1.94					
	ION - 50%-70% EQUITY														
escription BALX	E Funds in allocation categories seek to provide both Fidelity® Balanced	income and capital appreciation b Balanced	by investing -22.15	g in multiple asset 6.53	classes, including : 6.87	stocks, bonds, and 15.97	d cash. These 67 6	portfolios are domina 0.43	ated by domestic 5.34	holdings and have 0.51	equity exposu High	res between 50% ar Average	d 70%.	www.institutional.fidelity.co	m 11/6/1
ALA	Allocation - 50%-70% Equity Category (Average of 762 Funds)	Dalaileeu	-18.29	2.49	3.60	13.97	0, U	0.20	1.40	1.04	mgn	Average	+1017 303 7000	www.institutional.indenty.co	<u>n</u> 11/0/1
	AP VALUE														
	201: Large-value portfolios invest primarily in bi ratios and high dividend yields) and slow growt					other large-cap	stocks. Stoc	ks in the top 70%	of the capitali	zation of the U.S.	equity mark	ket are defined as	large-cap. Valu	e is defined based on low	valuatio
BPIX	Neuberger Berman Large Cap Value Insti	Growth	-13.63	10.85	10.47	22.66	45 2	0.54	3.56	0.63	Above Avg	Low	1 (800) 223-6448	s://www.nb.com/en/global/	
PWX NNAX	Parnassus Endeavor Institutional Vanguard Windsor™ II Admiral™	Growth Growth and Income	-24.05 -21.69	11.92 8.18	9.21 7.70	22.71 21.07	96 1 90 11	0.58 0.45	3.85 0.15	0.65 0.26	Above Avg Average	High Above Average	(800) 999-3505 +1 8776627447	www.parnassus.com www.vanguard.com	4/30/ 5/14/
	Large Cap Value Category (Average of 1,235 Funds)		-16.64	5.27	5.75	20.59	30 11	0.32	-1.95	0.91	Average	Above Average	+10//002/44/	www.vanguaru.com	3/14/
	AP GROWTH														
	<u>on:</u> Large-growth portfolios invest in big U.S. c sales, book value, and cash flow) and high value									ity market are de	fined as larg	e-cap. Growth is o	lefined based o	n fast growth (high growt	h rates
GRX	Fidelity® Blue Chip Growth	Growth	-37.54	12.27	12.43	26.73	79 7	0.54	3.20	0.76	High	Below Average	+1 617 563 7000	www.institutional.fidelity.co	
VLGX	Schwab	Growth	-30.68 -32.09	10.61 6.77	8.95	23.13 23.11	35 14	0.52 0.37	1.97 -1.31	0.04 0.97	Average	Average	+1 8778245615	www.schwabfunds.com	12/20,
	DEX FUNDS		-2.00		2.00			0.07	1.01	2.67					
escriptio	on: An "index fund" describes a type of mutual														
jective.	index fund will attempt to achieve its investmen Some index funds invest in all of the companies	s included in an index; other i	index fund	ds invest in a rep	presentative sam	ple of the comp	anies include	d in an index.			use derivativ				
VPPX	Schwab® S&P 500 Index Large Index Funds Category (Average of 1,387 Funds)	Growth and Income	-23.87 -23.28	8.14 6.77	9.21 7.74	20.30 20.32	41 22	0.45 0.39	-0.02 -1.08	0.02	Average	Average	+1 8778245615	www.schwabfunds.com	5/19/1
			20.20			22.02		0.00	1.00	5.60					
	P BLEND D1: Large-blend portfolios are fairly representa	tive of the overall U.S. stock	market in	size, growth rat	tes, and price. S	tocks in the ton	70% of the	capitalization of th	e U.S. eauity r	market are define	d as large-o	ap. The blend styl	e is assigned to	portfolios where neither	growth
alue char	acteristics predominate. These portfolios tend t	o invest across the spectrum	of U.S. in	dustries, and ow	ving to their broa	ad exposure, the	e portfolios' r	eturns are often s	imilar to those	of the S&P 500 I	ndex.				
RIX	BlackRock Sustainable Adg Lg Cp Cr Instl Parnassus Core Equity Institutional	Growth and Income Equity-Income	-25.52 -25.61	8.41 7.08	9.14 9.82	20.88 18.68	73 17 72 56	0.46 0.42	0.12 -0.47	0.48 0.61	Above Avg Below Avg	Above Average High	020 7743 3000 (800) 999-3505	www.parnassus.com	10/5/ 4/28/
VPPX	Schwab® S&P 500 Index Large Cap Blend Category (Average of 1,387 Funds)	Growth and Income	-23.87 -23.28	8.14 6.77	9.21 7.74	20.30 20.32	41 22	0.45 0.39	-0.02 -1.08	0.02 0.80	Average	Average	+1 8778245615	www.schwabfunds.com	5/19/
w). /LX	on typically falls between \$1 billion-\$8 billion ar Fidelity® Value Nuveen Mid Cap Value I	Growth Growth	-19.88 -17.40	9.19 6.66	6.17 6.18	28.43 24.25	72 5 21 28	0.43	0.70	0.79	High Average	Below Average Average		www.institutional.fidelity.co	
/SX	Fuller & Thaler Behav Md-Cp Val Instl Mid Cap Value Category (Average of 409 Funds)	Growth	-15.15 -17.88	8.42 5.22	4.59	24.25 24.54	12 13	0.43 0.31	0.59 -2.37	0.90 0.99	Average	Above Average		www.fullerthalerfunds.com	12/21,
			-17.00	3.22	4.35	24.34		0.31	-2.37	0.55					
ID CAP escriptio	DELEND <u>Den:</u> The typical mid-cap blend fund invests in s	tocks of various sizes and mix	xed charao	cteristics, giving	it a middle-of-th	ne-road profile.	Most shy awa	ay from high-price	d growth stock	ks, but aren't so g	orice-conscio	us that they land	in value territor	γ.	
ADX	Eventide Dividend Opportunities A	Growth and Income	-26.99	7.65	6.90	19.94	69 11	0.44	0.24	1.20	Below Avg	High		www.eventidefunds.com	9/29/
DNX	Janus Henderson Contrarian I Mid Cap Blend Category (Average of 407 Funds)	Growth	-28.66 -21.64	6.70 5.27	9.23 5.43	23.78 23.01	97 22	0.36 0.31	-1.21 -2.47	0.85 0.94	Average	Below Average	+1 8773352687	janushenderson.com	7/6/
ID CAP	GROWTH														
escriptio	on: Some mid-cap growth portfolios invest in s														
	es. The U.S. mid-cap range for market capitalia aluations (high price ratios and low dividend yie		\$1 billion-:	\$8 billion and re	presents 20% of	the total capita	alization of th	e U.S. equity mar	ket. Growth is	defined based on	fast growth	(high growth rate	s for earnings,	sales, book value, and ca	ish flow
DEGX	Fidelity® Growth Strategies	Aggressive Growth Growth	-31.27 -32.45	5.61 6.65	7.93 9.31	23.27 24.00	35 41 50 24	0.32 0.36	-2.22 -0.97	0.63 1.03	Average Average	Above Average	+1 617 563 7000 (800) 659-1005	www.institutional.fidelity.co	m 12/28/ 11/1/2
JAA	Invesco Discovery Mid Cap Growth A Mid Cap Growth Category (Average of 597 Funds)	Growth	-31.49	5.10	7.27	25.05	50 24	0.29	-2.68	1.06	Average	Above Average	(000) 059-1005	www.invesco.com/us	11/1/
	AP VALUE														
	2n: Small-value portfolios invest in small U.S. o ividend yields) and slow growth (low growth ra				er small-cap pee	rs. Stocks in the	e bottom 10%	of the capitalizat	ion of the U.S.	. equity market a	re defined as	s small-cap. Value	is defined base	d on low valuations (low	price ra
VDX	American Century Small Cap Value R6	Small Company	-22.48	7.92	5.94	26.89	74 22	0.39	0.06	0.74	Average	High		www.americancentury.com	
SVX	Bridgeway Small-Cap Value Small Cap Value Category (Average of 476 Funds)	Small Company	-16.45 -19.41	18.68 5.92	10.05 3.34	28.50 27.01	19 1	0.72 0.33	10.65 -1.51	0.92 1.15	Above Avg	Below Average	+1 8006613550	www.bridgeway.com	10/31,
	AP GROWTH														
escriptio	on: Small-growth portfolios focus on faster-gro														
	ng and often richly valued, their stocks tend to (high price ratios and low dividend yields)	be volatile. Stocks in the bott	tom 10% o	of the capitalizat	tion of the U.S. e	quity market ar	re defined as	small-cap. Growtl	n is defined ba	sed on fast growt	h (high grow	th rates for earni	ngs, sales, book	value, and cash flow) ar	nd high
XSX	Fuller & Thaler Behavioral Sm-Cp Grinsti	Small Company	-30.34	12.98		26.64	44 7	0.57	4.66	0.99	Above Avg	Above Average		www.fullerthalerfunds.com	
IUIX	abrdn US Sust Ldrs Smlr Coms Instl Small Cap Growth Category (Average of 623 Funds)	Small Company	-30.09 -31.00	7.88 5.26	9.61 6.34	22.81 26.24	20 20	0.42 0.30	-0.13 -2.42	0.90 1.21	Below Avg	Low		http://www.aberdeen-asset.c	<u>oi</u> 6/29/
MALL BL	END														
escriptio	on: Small-blend funds favor firms at the smalle	er end of the market-capitaliz	ation rang	ge, and are flexit	ble in the types o	of small caps the	ey buy. Some	e aim to own an ar	ray of value a	nd growth stocks	while others	employ a discipli	ne that leads to	holdings with valuations	and gro
CPX	to the small-cap averages. Davenport Small Cap Focus	Small Company	-22.52	9.39	8.33	24.67	33 5	0.46	1.32	0.89	Above Avg	Low		lavenport.com/davenport-ass	
CIX	Fidelity Advisor® Small Cap I Small Blend Category (Average of 609 Funds)	Small Company	-28.21 -23.31	6.41 4.74	4.89 3.74	24.54 25.09	83 24	0.35 0.29	-1.83 -3.00	0.97 0.98	Below Avg	Average		www.institutional.fidelity.co	
			20.01		0.7.1		RFUNDS	0.20	0.00	0.00					
		kelesemmunie tiere en d	dia ar	ning of	sinds. Months			Invision subsets			antions	amont Grosses	II as the distant	nhana aanan-sisa A.f	60
	on: Communications portfolios concentrate on nent firms, mainly broadcasters, film studios, put				kinds. Most buy s	some combinatio	on of cable te	evision, wireless-	communication	ns, and communi	cations-equi	pment firms as we	as traditional	pnone companies. A few	ravor
	T. Rowe Price Comm & Tech Investor	Specialty - Communications	-39.16 -36.00	3.79 -1.07	7.20 0.46	22.48	66 18	0.25	0.73	0.75	Average	Average	410-345-2000	www.troweprice.com	10/13,
	Communications Category (Average of 45 Funds)		-36.00	-1.07	U.46	21.76		0.02	-4.42	0.88					
	ER CYCLICAL on: Consumer cyclical portfolios seek capital ap	opreciation by investing in equ	uity securi	ities of U.S. or n	ion-U.S. compan	ies in the consu	mer cyclical	sector.							
SHOX	Fidelity® Select Construction & Hsg Port	Specialty - Unaligned	-30.23	12.30	12.71	26.23	3 4	0.55	8.63	0.75	Average	High	+1 617 563 7000	www.institutional.fidelity.co	
CDAX	Vanguard Consumer Discretionary Idx Adm Consumer Cyclical Category (Average of 55 Funds)	Specialty - Unaligned	-30.64 -34.05	10.72 4.24	11.79 6.59	28.60 29.19	24 15	0.47 0.27	6.85 1.32	0.10 0.75	Average	Average	+1 8776627447	www.vanguard.com	7/14/2

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B (Best Screened Funds) Foresight uses only no-load or load-waived mutual funds. If research is done on any of the tickers listed below and a load fee is slipsayed, please disregard this fee.



10/28/22-JO

Ticker	Fund Name	Prospectus Objective	Tot Ret % YTD	Tot Ret Annizd % 3 Yr	5 Yr	⁶ Std Dev %3Yr	% F 1 Yr		Sharpe Ratio	Alpha % 3 Yr	Net Expense Ratio	Mstar Risk 3 Yr	Mstar Sustainability Rating (ESG)	Phone Number	Internet Web site	Fund Incep Date
QUITY EN	NERGY n: Equity Energy funds hold stocks of energy of	companies These companies	produce	or refine oil an	d aas oilfield se		ent co	mnanier	and nineline o	nerators						
ENAX	Vanguard Energy Index Admiral Equity Energy Category (Average of 70 Funds)	Specialty - Natural Resources		14.17 10.41	5.61 -0.31	44.85 49.18		35	0.51 0.45	15.23 13.57	0.10 1.03	Average	Below Average	+1 8776627447	www.vanguard.com	10/7/2004
INANCIA		and the first state of the stat	atta ta sa		C				a de la companya de l							
SLBX	n: Specialty-financial portfolios seek capital ap Fidelity® Select Brokerage & Invmt Mgmt	Specialty - Financial	-26.65	12.11 securities of U.	9.07	25.06		nies, ind 1	0.55	7.98	, insurance comp 0.75	Below Avg	Above Average		www.institutional.fidelity.com	7/29/1985
	T. Rowe Price Financial Services I Financial Category (Average of 102 Funds)	Specialty - Financial	-20.47 -21.56	7.37 3.81	7.36 3.71	25.33 27.01	41	13	0.38 0.26	4.21 1.15	0.76 1.29	Average	Average	410-345-2000	www.troweprice.com	11/29/201
IEALTH	that the sector is a second of the section of the section of the sector is the section of the se	d haalkh asus industries. Maak	invest in	a	enenice huuine	augusthing from a	. h			euiee metrem k	LIMOs heesitel	a and access		-	unke en ivet ene indveter.	
	vice providers or biotechnology firms.															
	Fidelity® Select Medical Tech and Devcs Fidelity® Select Health Care	Specialty - Health Specialty - Health	-31.38 -17.96	7.27 11.61	11.08 9.64	21.96 18.89	76 37	13 10	0.40 0.64	4.37 8.46	0.68 0.68	Above Avg Average	High Average		www.institutional.fidelity.com www.institutional.fidelity.com	
RHSX	T. Rowe Price Health Sciences Health Category (Average of 179 Funds)	Specialty - Health	-19.31 -22.02	12.27 7.91	9.58 5.91	18.67 20.93	51		0.68 0.47	8.89 5.36	0.75 0.99	Average	Average	410-345-2000	www.troweprice.com	12/29/199
NDUSTRI	IALS m: Industrial portfolios seek capital appreciation					the second s			d to scall a l'ad	endering which is to	ala da a ser d'a ser d	Produced to a sec				
onstruction	n, environmental services, machinery, paper, a	and transportation.											· ·			
	Fidelity® Envir and Alt Engy Fund Industrials Category (Average of 46 Funds)	Specialty - Unaligned	-28.00 -23.69	7.36 3.71	6.08 4.40	25.83 25.75	61	22	0.38 0.24	3.61 0.36	0.79 0.67	Average	High	+1 617 563 7000	www.institutional.fidelity.com	6/29/198
NFRASTR	RUCTURE m: Infrastructure equity funds invest more that	an 60% of their accets in stor	ks of com	nanies engage	d in infrastructu	re activities Indu	ictriac i	conside	red to be part of	f the infrastruc	ture sector includ	le: oil & das r	nidetream: waste	management	airports, integrated shippi	pa:
ilroads; st	shipping & ports; trucking; engineering & constr	ruction; infrastructure operation	ons; and	the utilities sec	tor.											
	JHancock Infrastructure I DWS RREEF Global Infrastructure Inst	Specialty - Utility Growth and Income	-17.43 -15.72	0.44 1.27	3.23 2.95	16.06 17.93	82 44	29 20	0.07 0.12	-2.51 -1.74	0.98 1.03	Low Below Avg	Below Average Above Average	+1 8002255291	jhinvestments.com dws.com	12/20/20 6/24/200
	Infrastructure Category (Average of 106 Funds)		-16.34	0.62	2.88	19.09			0.08	-2.47	1.12	5				
escription	RESOURCES Natural resources portfolios focus on comm		as energy	, chemicals, mi	inerals, and fore	st products in the	e U.S. d	or outsid	le of the U.S. So	ome portfolios i	invest across this	spectrum to	offer broad natura	I resources exp	oosure. Others concentrat	e heavily
MIAX	clusively in specific industries including energy of Vanguard Materials Index Admiral	Specialty - Unaligned	-23.56	7.48	4.83	24.11	67	68	0.39	3.89	0.10	Below Avg	Above Average	+1 8776627447	www.vanguard.com	2/11/200
	Natural Resources Category (Average of 116 Funds)		-14.05	11.38	5.43	27.64			0.47	8.10	1.03					
escription	m: Precious metals funds focus on mining stor ased in North America, Australia, or South Africa					oncentrate on gold	d-minir	ng stock	s, but some hav	ve significant e	xposure to silver,	platinum, ar	d base-metal-min	ing stocks as w	ell. Precious-metals comp	anies are
SMYX I	Invesco Gold & Special Minerals Y Precious Metals Category (Average of 69 Funds)	Specialty - Precious Metals	-31.31 -28.09	1.39 -0.01	3.36 0.36	37.54 38.67	34	21	0.19	1.37 0.15	0.81 1.14	Average	Below Average	(800) 659-1005	www.invesco.com/us	9/7/201
EAL ESTA			-20.03	-0.01	0.50	30.07			0.10	0.15	1.14					
	n: Real estate portfolios invest primarily in re- mortgage, office, and shopping center REITs. So						p and r	manage	real-estate prop	perties. There a	are several differe	ent types of P	EITs, including ap	artment, factor	y-outlet, health-care, hot	el,
REX	TIAA-CREF Real Estate Sec Insti	Specialty - Real Estate	-31.40	-0.85	4.82	20.90	86	36	0.03	-4.00	0.47	Low	Average	877-518-9161	www.tiaa.org	10/1/200
ECHNOLO	Real Estate Category (Average of 253 Funds)		-28.62	-1.96	2.56	23.29			0.02	-4.90	1.04					
escriptio	n: Technology portfolios buy high-tech busine	esses in the U.S. or outside of	the U.S.	Most concentra	ate on computer	, semiconductor,	softwa	ire, netv	vorking, and Int	ernet stocks. A	few also buy me	dical-device	and biotechnology	stocks and sor	me concentrate on a single	2
	Columbia Seligman Tech & Info Inst3	Specialty - Technology	-34.26	15.53	14.34	26.30	15		0.66	10.98	0.85	Above Avg	Above Average		ww.columbiathreadneedleus.c	
	Fidelity Advisor® Semiconductors I Columbia Seligman Tech & Info Inst2	Specialty - Technology Specialty - Technology	-40.56 -34.28	17.68 15.48	16.76 14.29	32.00 26.31	16 15	3 10	0.65 0.65	14.05 10.93	0.75 0.90	High Above Avg	Average Above Average		www.institutional.fidelity.com ww.columbiathreadneedleus.co	
	Vanguard Information Technology Idx Adm Technology Category (Average of 268 Funds)	Specialty - Unaligned	-32.53 -38.50	13.55 6.89	16.27 9.41	24.54 26.99	14		0.61 0.36	9.31 3.69	0.10 0.96	Average	High	+1 8776627447	www.vanguard.com	3/25/200
TILITIES																
	 Utilities portfolios seek capital appreciation Allspring Util and Telecomms Inst 		uity securi -10.82	ities of U.S. or 2.86	non-U.S. public 7.34	utilities including 17.34		c, gas, a 41	and telephone-s 0.21	ervice provider 0.54	s. 0.72	Below Avg	Above Average	415-396-8000	www.allspringglobal.com	2/28/199
		Specialty - Utility							0.19	0.23	0.95	-	-			
	Utilities Category (Average of 60 Funds)	Specialty - Utility	-8.11	2.47	6.06	18.79			0.15	0.25	0.35					
OREIGN L	LARGE VALUE		-8.11	2.47	6.06	18.79 INTERNATIO	ONAL I									
OREIGN L			-8.11	2.47	6.06	18.79 INTERNATIO	ONAL I	ap stock				nong a dozen Low	or more develope Average	d markets, incl +1 8003417400	uding Japan, Britain, Fran www.federatedinvestors.com	ce and 1/27/201
OREIGN L escription /FLX	LARGE VALUE m: Foreign large-value portfolios invest mainly	in big international stocks tha	-8.11	2.47	6.06 growing more slo	18.79 INTERNATIO	DNAL I arge-ca	ap stock	s. Most of these	portfolios divid	le their assets an			d markets, incl +1 8003417400	uding Japan, Britain, Fran www.federatedinvestors.com	ce and 1/27/201
OREIGN L escription VFLX	LARGE VALUE m: Foreign large-value portfolios invest mainly Federated Hermes Intl Strat Val Div R6	in big international stocks tha Growth and Income	-8.11 it are less -15.12 -23.00	2.47 expensive or o -0.13 -1.94	6.06 growing more slo - 0.33 -1.98	18.79 INTERNATIC owly than other la 16.53 20.90	DNAL I arge-ca 4	ap stock: 21	s. Most of these 0.04 -0.02	portfolios divid 0.98 0.10	le their assets an 0.85 0.99	Low	Average	+18003417400	www.federatedinvestors.com	1/27/201
OREIGN L escription /FLX OREIGN L escription azil, Mexic	LARGE VALUE m: Foreign large-value portfolios invest mainly Federated Hermes Inti Strat Val Dir Nö Fareign Large Vale Categor (Verage of 343 Funds) LARGE BLEND	in big international stocks tha Growth and Income	-8.11 it are less -15.12 -23.00 Most of tl	2.47 expensive or o -0.13 -1.94 hese funds divi	6.06 growing more sko -0.33 -1.98 de their assets a	18.79 INTERNATIC owly than other la 16.53 20.90	DNAL I arge-ca 4	ap stock: 21 develop	s. Most of these 0.04 -0.02 red markets, inc	portfolios divic 0.98 0.10 Iuding Japan, E	le their assets an 0.85 0.99 Britain, France, an	Low	Average	+1 8003417400	www.federatedinvestors.com	1/27/201 Hong Kon
OREIGN L escription /FLX / OREIGN L escription azil, Mexic RNX / WIX	LARGE VALUE m: Foreign large-value portfolios invest mainly federated Hermes int Strat Val Div R6 Foreign Large Velae Categor (Average of 343 Funds) LARGE BLEND m: Foreign large-blend funds invest in a variet ico and Thalland. These funds typically will have Goldman Sachs International Eq ESG inv Thornburg Better Word International I	in big international stocks tha Growth and Income ety of big international stocks. re less than 20% of assets inve	-8.11 it are less -15.12 -23.00 Most of the ested in U	2.47 expensive or c -0.13 -1.94 hese funds divi	6.06 growing more slo -0.33 -1.98 de their assets a 2.95 5.00	18.79 INTERNATIC owly than other la 16.53 20.90	DNAL I arge-ca 4 · more 61	ap stock: 21	s. Most of these 0.04 -0.02	portfolios divid 0.98 0.10	le their assets an 0.85 0.99	Low	Average They tend to invest	+18003417400	www.federatedinvestors.com	1/27/201 Hong Kon 8/31/201
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OREIGN L Description IVFLX OREIGN L Description Frazil, Meximite BWIX OREIGN L Description DESCRIPTION	LARGE VALUE g: Foreign large-value portfolios invest mainly federated Hermes ind Strut Val Dir N6 Foreign Large Value Category (Average of 345 Funds) LARGE BLEND g: Foreign large-blend funds invest in a variet iso and Thailand. These funds typically will have Goldman Sachs International Eq ESG inv Thornburg Better World International I Freign Large Bend Category (Average of 758 Funds) LARGE GROWTH Large Targe Targe-growth portfolios focus on hin tat have market caps in the top 70% of each ce see portfolios typically will have least than 20% of Baffab International Target Large Category (Average of 452 Funds) SMALL/MID BLEND g: Foreign small/mid-blend portfolios invest in there neither growth nor value characteristics p s, sales, book value, and cash flow). These por Voya Muti-Manager International Sin Cp I Terein's mail/Mid Bell Category (Average of 450 Funds) IED ENERGING MARKETS g: Diversified emerging-markets portfolios text in equifies and invest at least 50% of stock Fold Lansten Emerging Markets Eq Oppañ8 Diversified Interging Markets Eq Oppañ8 Diversified Interging Markets Eq Oppañ8 Diversified Interging Markets Eq Oppañ8 Diversified Interging Markets Eq Oppañ8	in big international stocks tha Growth and Income ety of big international stocks. re less than 20% of assets inve Foreign Stock Growth ligh-priced growth stocks, mail conomically integrated market of assets invested in U.S. stoc Foreign Stock in a variety of international sto predominate. These portfolios trolios typically will have less t Small Company end to divide their assets amor Diversified Emerging Markets Diversified Emerging Markets	8.11 t are less -23.00 Most of tt -23.90 -27.41 -27.41 -27.41 -27.41 -27.41 -27.41 -27.41 -27.41 -27.41 -27.41 -27.41 -27.41 -27.41 -27.41 -27.41 -27.45 -34.43 -31.25 -31.25 -31.25 -31.25 -31.25 -27.86 -27.86 -27.86 -27.86 -27.86 -27.86 -27.86 -27.86 -27.86 -27.86 -27.86 -27.86 -27.86 -27.86 -27.86 -27.97 -27.41 -27.98 -27.99 -27.41 -27.99 -27	2.47 e expensive or q -0.13 -1.94 hese funds divi J.S. stocks. 8.56 7.25 -1.79 le of the United f Europe or Asia 1.61 -1.18 are smaller. Th will have less the i of assets inve 1.50 more nations, a 0.06 3.18 -1.92	6.06 9.03 9.03 1.98 de their assets a 2.95 5.00 -1.12 1.12 1.12 1.12 1.12 1.12 2.74 0.28 ese portfolios pr han 20% of asse sted in U.S. stoc -1.84 uthough they ter 1.21 3.16 -1.81	18.79 INTERNATIO INTER	DNAL I arge-Ca 4 more 61 75 divide t seed on 26 stocks s c stocks s c 81 98 al limita 43	ap stock 21 develop 3 1 their ass 1 1 3 that fall ks. Asia 8 ging ma 23 6	s. Most of these 0.04 -0.02 ed markets, inc 0.24 0.43 -0.03 exts among a do owth (high grow 0.01 in the bottom 3 ex-Japan). Valu 0.02 rkets of Asia an 0.02 -0.03	portfolios divic 0.98 0.10 1.00 0.10 0.01 0.01 0.05	le their assets an 0.85 0.99 3ritain, France, ar 0.93 0.93 eveloped markets rnings, sales, boc 0.88 0.88 0.88 0.88 1.05 0 nomically integr 1.16 a rather than on 1 0.98 1.16	Low High Average s, Including Jac s, Value, and Average ated market those of the N Balow Avg High	Average They tend to invest Above Average Above Average pan, Britain, Fran cash flow) and hig Above Average (such as Europe oi ce ratios and high Below Average Hiddle East, Africa, Above Average	+ 1 8003417400 st the rest in er 1-800-526-7384 + 1 8008470200 ce, and German h valuations (b + 1 8004928332 Asia ex-Japam dividend vjelds 1-800-366-0066 or Europe. Th + 1 617 653 7000 + 1 800251852 ped markets, v + 1 212 9591000	www.federatedinvestors.com merging markets such as www.gramfunds.com www.thornburg.com hy. These portfolios prima high price ratios and low d www.buffalolunds.com). The blend style is assig s) and slow growth (low g www.voyainvestments.com ese portfolios invest at leas www.institutional.fdelity.com www.prudentialfunds.com	1/27/201: Hong Kon 8/31/2011 9/30/201: rily invest ividend 7/1/2019 ned to rowth rate 12/21/200 ist 70% o 11/1/1999 9/16/201- among 10/1/1991

B (Best Screened Funds) Foresight uses only no-load or load-waived mutual funds. If research is done on any of the ticker listed below and a load fee is displayed, please disregard this fee. Your custodian (Schwab or Matrid) waives these load fees and they are not included in any trades notated the to resolve



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							d fees a	nd they a	are not included in a	ny trades placed	by Foresight.	-				
Ticker	Fund Name	Prospectus Objective	Tot Ret % YTD	Tot Ret Annizd % 3 Yr	Tot Ret Annizd % 5 Yr	Std Dev %3Yr		Rank 3 Yr	Sharpe Ratio	Alpha % 3 Yr	Net Expense Rat	io Mstar Risk 3 Yr	Mstar Sustainability Rating (ESG)	Phone Number	Internet Web site	Fund Incept Date
escripti	ARGE VALUE STOCK on: World large stock portfolios invest in a variet			ger. World-stock	<pre>c portfolios have</pre>	few geographica	al limita	ations.	It is common for	these portfolio	os to invest the	majority of the	eir assets in devel	oped markets, v	vith the remainder divided	d among
DIFX	s smaller markets. These portfolios typically have Franklin Global Dividend IS World Large Stock Category (Average of 173 Funds)	20%-60% of assets in U.S. Equity-Income	stocks. -15.06 -20.29	2.75 1.60	3.95 1.95	14.98 20.18	7	32	0.21 0.14	-0.36 -1.74	0.74 1.05	Low	Below Average	+1 650 3122000	www.franklintempleton.com	2/28/2013
escripti	LLOCATION on: World-allocation portfolios seek to provide by is rare for such portfolios to invest more than 109															s in
GCIX SWWX	Calamos Global Opportunities I Loomis Sayles Global Allocation Y World Allocation (Average of 430 Funds)	Multi-Asset Global Multi-Asset Global	-27.29 -29.43 -18.54	5.87 -0.26 0.46	4.62 3.24 1.32	18.62 17.00 14.72		57 47	0.36 0.03 0.06	4.94 -1.14 -0.50	0.97 0.87 1.15	High Above Avg	Below Average High	800-582-6959 (800) 862-4863	www.calamos.com im.natixis.com	9/18/1997 5/1/1996
	A N				F	IXED INCOME	(BON	D) FUN	IDS							
BANK LO Descriptio	AN Bank-loan funds primarily invest in floating-rate bank	loans instead of bonds. In exch	ange for th	neir credit risk, the	ese loans offer high	h interest payment	s that t	ypically	float above a comm	on short-term b	enchmark such as	the London Int	erbank Offered Rate,	or LIBOR.		
AFRYX EFRRX	Invesco Floating Rate ESG Y Eaton Vance Floating-Rate Advantage R6	Growth and Income Income	-4.35 -5.93	1.62 1.09	2.45 2.28	8.07 10.69	38 73	11 35	0.16 0.10	2.57 3.08	0.81 0.98	Average		(800) 659-1005 +1 8008362414	www.invesco.com/us	10/3/2008 5/31/2019
NFRIX	Nuveen Floating Rate Income I Bank Loan Category (Average of 242 Funds)	Growth	-5.93 -4.01 -4.89	2.10 0.65	2.28 2.63 1.68	8.15 8.44	25	3	0.10 0.22 0.05	3.26 1.92	0.98 0.78 1.02	High Average		312-917-8146	www.eatonvance.com	5/2/2019
	ED STOCK on: Preferred stock portfolios concentrate on prefe	erred stocks and perpetual I	bonds. Tl	hese portfolios t	tend to have more	re credit risk tha	n gove	ernmen	t or agency-back	ed bonds, and	effective durat	ion longer tha	n other bond portf	olios. These po	tfolios hold more than 65	% of
assets in p CPXIX	Cohen & Steers Preferred Sec & Inc	Growth and Income	-14.29	-0.99	1.41	11.33	53	49	-0.09	3.26	0.83	Below Ava	Below Average	+1 212 8323232	www.cohenandsteers.com	5/3/2010
PFINX	PIMCO Preferred and Capital Secs Instl Preferred Stock Category (Average of 69 Funds)	Growth and Income	-17.64 -15.00	-1.43 -1.41	1.57 0.87	11.98 14.50	85	67	-0.11 -0.07	3.44 4.27	0.79 1.00	Average	Below Average	+1 8667462602	www.pimco.com	4/13/2015
Descripti	DITIONAL BOND on: Contains funds that pursue strategies diverge															
	verall bond market; they employ a variety of metl ith very large allocations. Funds in the latter grou															
	y maintaining short or ultra-short duration portfol Touchstone Ares Credit Opps A						erate l	high ret						ixed income der		vel within
CLMVX	Columbia Mortgage Opportunities Inst2 Nontraditional Bond Category (Average of 336 Funds)		-16.66 -8.17	-1.03 -0.55	2.18 0.54	9.88 7.18	93		-0.12 -0.12	2.44 1.15	0.71 1.28	Above Avg			ww.columbiathreadneedleus.c	
	ON PROTECTED BOND	and the standard second second second	n	la a far an dia a far a far a	and the Decision of the	No	1		and a set the former	d b	-to-state the state					
Descripti MIPZX	on: Inflation-protected bond portfolios invest pri MassMutual Infl-Prot and Inc I	Growth and Income	t adjust t -14.30	neir principal va 0.77	1.94	7.59	71	nese bo 46	onds can be issue 0.05	d by any organ 4.90	nization, but the 0.47	e U.S. Treasur High	y is currently the l	argest issuer to	http://www.massmutual.com	
TIIPX	T. Rowe Price Inflation Protected Bond I Inflation Protected Bond Category (Average of 211 Funds)	Government Bond - Treasury	-14.35 -10.85	0.43 0.71	1.86 1.65	6.69 6.85	83	72	0.00 0.11	4.24 4.23	0.22	Average	Average	410-345-2000	www.troweprice.com	12/17/2015
INTERME	DIATE GOVERNMENT BOND on: Int. gov't funds concentrate on bonds backed	by the U.S. gov't or by go	v't-linked	agencies This h	hacking minimize	as the credit rick	of the	co fund	s as the U.S. or	v't is unlikely	to default on its	debt These f	unds have on ave	rade durations	hetween 3.5 and six year	re
Conseque	htty, the group's performance-and its level of vola American Funds US Government Sec R6	tility-tends to fall between t Government Bond - General	hat of the	e short gov't and -1.19	d long gov't bond 0.46	d categories. 5.32		3	-0.31	1.56	0.22	High	Above Average	(800) 421-4225	www.americanfunds.com	5/1/2009
	Intermediate Gov't Bond Category (Average of 238 Funds)		-12.39	-3.20	-0.72	4.70		-	-0.79	-0.78	0.68			(/		-, -,
	DIATE CORE-PLUS BOND															
	on: Intermediate-term core-plus bond portfolios emerging-markets debt, and non-U.S. currency															high yield,
PTIAX SEATX	Performance Trust Strategic Bond SEI Tax-Advantaged Income F (STET) Intermediate Core-Plus Band Category (Average of 629 Funds)	Growth and Income Income	-14.16 -14.29 -14.76	-2.67 -1.30 -2.86	0.43 1.29 -0.15	6.19 8.07 6.29		37 7	-0.50 -0.20 -0.54	0.36 2.42 0.55	0.76 0.86 0.74	Average High		+1 8003425734	www.ptamfunds.com www.seic.com	8/31/2010 9/4/2007
	CTOR BOND		-14.70	-2.00	-0.15	0.29			-0.34	0.55	0.74					
Descripti	on: Multisector-bond portfolios seek income by d										oonds, and high	-yield U.S. de	bt securities. Thes	e portfolios typi	cally hold 35% to 65% of	bond
assets in s JASSX	ecurities that are not rated or are rated by a majo Easterly Income Opportunities R6 Multisector Bond Category (Average of 347 Funds)	Growth and Income	& Poor's -5.50 -12.11	or Moody's at th 4.91 -1.50	0.56	5.87 8.55		or taxa	ble bonds) and b 0.73 -0.20	elow. 6.19 1.44	1.14 0.99	Below Avg		http	s://www.EasterlyFunds.com/f	8/21/2018
	ERM BOND on: Short-term bond portfolios invest primarily in	n corporate and other invest	tment-ar	ade II S fived-ir	ncome issues an	d have durations	e of on	e to 3 5	vears (or if dur	ation is unava	ilable average	effective matu	urities of one to fou	r vears) These	portfolios are attractive t	o fairly
conservat	ve investors, because they are less sensitive to in	terest rates than portfolios	with longe	er durations.								enective mata	indes of one to for	ii years). mese		
FIJEX IXIX	Frost Total Return Bond Inst Catalyst Insider Income I Short-Term Bond Category (Average of 594 Funds)	Growth and Income Income	-6.61 -8.49 -6.35	0.19 0.31 -0.61	1.41 1.72 0.66	5.43 5.78 3.62		11 59	-0.05 -0.03 -0.39	1.81 2.40 0.50	0.46 0.75 0.67	High High	Below Average	1-866-447-4228	www.frostbank.com www.catalystmutualfunds.cor	4/25/2008 7/29/2014
	NEUTRAL															
	on: Market neutral portfolios seek income while m on of the market. This category is only used in Mo					t neutral portfol	ios typ	ically h	old 50% of net a	ssets in long p	ositions and 50	% of net asset	s in short position	s in order to del	iver positive returns rega	rdless of
CBHIX	Victory Market Neutral Income I Market Neutral Category (Average of 99 Funds)	Income	-4.46 2.68	1.69 2.15	2.24 1.84	4.41 6.00	80	42	0.25 0.25	0.53	0.40 2.02	Low	Average	210-694-9700	www.vcm.com	11/19/2012
Descripti	COND-USD HEDGED 201: USD hedged portfolios typically invest 40% of ty bonds from developed markets. Others are more	or more of their assets in fix re adventurous, owning som	ed-incom	e instruments is quality bonds fro	ssued outside of om developed or	the U.S. These emerging mark	portfoli ets. Sc	ios inve ome por	est primarily in in rtfolios invest exc	vestment-grad clusively outsic	le rated issues, le the U.S., whi	but their strat le others inves	tegies can vary. So st in both U.S. and	ome follow a cor I non-U.S. bond	servative approach, stick s. Funds in this category l	ing with nedge most
of their no IFAIX PGMSX	n-U.Sdollar currency exposure back to the U.S. Janus Henderson Developed World Bond I T. Rowe Price Global Multi-Sector Bd I	dollar. Multisector Bond Multisector Bond	-16.86 -15.45	-3.49 -2.32	0.15 0.61	7.56 8.41		16 19	-0.51 -0.31	0.82	0.57 0.49	Above Avg High	High	+1 8773352687 410-345-2000	janushenderson.com www.troweprice.com	4/29/2011 3/23/2016
	World Bond-USD Hedged Category (Average of 131 Funds)		-13.67	-3.62	-0.24	5.97			-0.73	-0.67	0.74					
Descripti	LD BOND on: High-yield bond portfolios concentrate on lov															ese
portfolios BGHIX	primarily invest in U.S. high-income debt securitie BrandywineGLOBAL High Yield I	s where at least 65% or mo Corporate Bond - High Yield	ore of bon -12.97	d assets are not 2.35	t rated or are rat 4.30	ted by a major a 10.86		such a:	s Standard & Poo 0.21	r's or Moody's 6.40	at the level of 0.67	BB (considered Average	d speculative for ta		nd below. www.franklintempleton.com	12/4/2014
AGIX	Fidelity® Capital & Income High Yield Bond Category (Average of 690 Funds)	Growth and Income	-12.97 -14.24 -13.55	2.35 3.19 -0.83	4.30 3.79 0.94	13.75 10.66		1 4 1 2	0.21 0.25 -0.06	8.24 2.96	0.67 0.67 0.91	Average High			www.institutional.fidelity.con	
	TIBLE BONDS on: Convertible bond funds are designed to offer	some of the capital-apprec	iation pot	ential of stock f	unds while also s	supplying some	of the :	safety a	and yield of bond	funds. To do s	so, they focus o	n convertible l	bonds and convert	ible preferred st	ocks. Convertible bonds a	allow
	o convert the bonds into shares of stock, usually a Franklin Convertible Securities Adv							26	0.60	9.24	0.58	Average	Average		www.franklintempleton.com	
CVSX	Fidelity® Convertible Securities	Convertible Bond	-18.37	11.72	10.69	17.59	26	53	0.68	10.35	0.67	Average	Low	+1 617 563 7000	www.institutional.fidelity.con	1/5/1987
VICIX	Victory INCORE Investment Grd Convert I Convertibles Category (Average of 78 Funds)	Convertible Bond	-14.38 -19.90	4.14 7.57	5.92 7.38	12.96 17.11	4	75	0.33 0.46	3.01 6.53	0.93 1.10	Low	Below Average	210-694-9700	www.vcm.com	8/31/2007

B (Best Screened Funds) Foresight uses only no-load or load-waived mutual funds. If research is done on any of the tickers listed below and a cload we is displayed please disregard this fee.



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		Your custodian (Schwab or Matrix) waives these load fees and they are not included in any trades placed by Foresight.														
Description: Furchased Money Funds are designed to offer stability of capital, liquidity, and current income. These investments offer a convenient way to access potentially higher yields on cash. Average +1 877825815 www.achwahdmis.com SNVX Schwah Zuer Boney Mix - Government 6.6 0.5 0.5 0.6 -2.3 0.4 Average +1 877825815 www.achwahdmis.com MVX Godinan Sactar 75 Government Bis Money Mix - Government 0.6 0.5 0.1 0.2 0.2 0.1 -2.1 0.10 -4.0 -2.0 0.1 -2.0 0.1 -2.0 0.1 -2.0 -2.0 0.1 -2.0 0.1 -2.0 0.1 -2.0 -2.0 0.1 -2.0 -2.0 -2.0 0.1 -2.0	Ticker	Fund Name	Prospectus Objective	Tot Ret % YTD	Tot Ret Annizd % 3 Yr	Tot Ret Annizd % 5 Yr	Std Dev %3Yr	% Rank 1 Yr 3 Yr	Sharpe Ratio	Alpha % 3 Yr	Net Expense Rat	io Mstar Risk 3 Yr		Phone Number	Internet Web site	Fund Incept Date
Samuel Term Samuel Term Maney Mix - Government May Mix -						PUR	CHASED MON	EY MARKET F	UNDS							
SMNC SMNC <th< td=""><td></td><td></td><td>ffer stability of capital, liquidity</td><td>y, and cu</td><td>rrent income. 1</td><td>These investment</td><td>s offer a conve</td><td>nient way to a</td><td>ccess potentially</td><td>y higher yields or</td><td>n cash.</td><td></td><td></td><td></td><td></td><td></td></th<>			ffer stability of capital, liquidity	y, and cu	rrent income. 1	These investment	s offer a conve	nient way to a	ccess potentially	y higher yields or	n cash.					
FGLOX Bandman Sache S Government Rés Meney Mit - Government Rés 0.59 0.51 0.21 1.63 0.68 Average Nearage 1.400-525-734 xxxxx.anthunds.com VP/NX Parasses Endoaver Indamia Govern hand Incense 1.90 9.3 0.13 0.11 0.65 0.55 Abore Average Mithin Group Score Scor	NVXX		Money Mkt - Government	0.54	0.41	0.89	0.19		-2.33		0.34		Average	+1 8778245615	www.schwabfunds.com	1/21/2015
SOCIALLY RESPONSIBLE FUNDS PFWX Parnassus Endeavor Institutional Growth -24.05 11.2 2.2.1 2.7.1 96 1 0.58 3.8.5 0.65 Above Averg Above Averg 1778278.2305 BINK Bitchfeck Sustainable Adj Lg C C Instl Growth and Income -25.52 8.41 9.14 2.0.8 7.3 17 0.46 0.12 0.48 Above Averge 2007 93.000 PINLX Parnassus Core Liqui Institutional Growth and Income -25.52 8.41 9.14 20.88 7.3 17 0.46 0.12 0.48 Above Averge 2007 99.300 vww parnassus.com FIVIX Failed Thinker Dahv McCy Val Instl Growth -15.15 8.42 2.42 2.32 1.0 0.33 0.59 0.90 Average Above Average Www parnassus.com EVEX Feldelly Second Construction & Baba McCy Val Instl Growth -3.12 5.51 7.33 2.32.7 35 41 0.32 -2.2 0.66 0.74 Average			Money Mkt - Government										Average	1-800-526-7384	www.gsamfunds.com	12/29/2015
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Astrong American Carrun's Small Carpuser -22.8 7.92 5.94 26.89 7.4 22 0.38 0.06 0.74 Average High + 180044001 www.americancentury.com FYXX Fullet Thaler Bhavioral Sm-Cp Cristing Small Campanyn -30.33 12.30 12.71 26.23 3 4 0.55 8.63 0.75 Alver Average High + 1617 563 7000 www.americancentury.com FSNEX Fidelity® Select Brokerage Firumt Mignt Specialty - Inancial -26.65 12.11 9.07 25.06 7.1 1 0.55 8.63 0.75 Alver Average High + 1617 563 7000 www.institutional.fidelity.com FSNEX Fidelity® Evir and Alt Engr fund Specialty - Inancial -26.65 12.11 9.07 25.66 7.1 1 0.55 7.89 0.75 Alverage High + 1617 553 7000 www.institutional.fidelity.com FSNEX Fidelity® Evir and Alt Engr fund Specialty - Inancial -28.0 7.8 4.08 0.21 -7.4 1.03			Aggressive Growth						0.32					+1 617 563 7000	www.institutional.fidelity.com	
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Fielding® Select Construction # hsg Part Specialty - Unaligned -0.22 12.20 12.71 22.62 3 4 0.55 8.63 0.75 Average High + 1617 563 7000 yww.institutional.fideling.cc FSUEX Fideling® Select Modeal Tech and Deves Specialty - Financial -26.65 12.10 9.07 25.66 71 1 0.55 7.98 0.75 Below Parge + 1617 563 7000 yww.institutional.fideling.cc FSUEX Fideling® Event and Engr fund Specialty - Haith -31.38 7.27 11.08 21.95 7.6 13 0.40 4.37 0.68 Above Average + 1617 563 7000 yww.institutional.fideling.cc FSUEX Fideling® Event and Engr fund Specialty - Unaligned -28.00 7.86 0.40 4.37 0.68 Above Average High + 1617 563 7000 yww.institutional.fideling.cc VUILX WRREF Global Infrastructure Informational Engling and Endex Adminal Specialty - Unaligned -23.5 7.48 4.83 2.11 6.76 6.03 3.89 0.10 Below Avg<	SVDX	American Century Small Cap Value R6	Small Company	-22.48	7.92	5.94	26.89	74 22	0.39	0.06	0.74	Average	High	+1 8004444015	www.americancentury.com	7/26/2013
F3LEX Fidelity's Solect Brokerage 6 Invant Mgmt Specialty - Financial -26.6 12.11 9.07 25.06 71 1 0.55 7.98 0.75 Below Arg Average +1617563 7000 www.institutional.idelitized FSHEX Fidelity's Solent Model Control Specialty - Healthy -3.38 7.21 1.0 25.06 7.8 0.55 7.98 0.75 Below Arg Hole Not Arg	TXSX	Fuller & Thaler Behavioral Sm-Cp GrInsti	Small Company	-30.34	12.98		26.64	44 7	0.57	4.66	0.99	Above Avg	Above Average		www.fullerthalerfunds.com	12/21/201
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EVUYX Allspring Ulti and Telecomms Inst Specialty - Utility -10.82 2.86 7.34 17.34 78 41 0.21 0.54 0.72 Below Avg Above Average 415-396-8000 www.alspringglobal.com GRNX Goldman Sels International LESS Inv Foreign Stock -29.35 3.56 2.55 2.24 61 3 0.24 5.85 0.93 High Above Average 14508-5600 www.atamfunds.com TBWIX Thomay Better World International I Growth -27.79 7.25 5.00 18,97 1 0.43 8.59 0.90 Average Above Average +18004282332 www.atamfunds.com BUIX Burdie Institutional Foreign Stock -32.71 1.61 2.74 2.10 2.6 13 0.15 3.43 0.88 Average Above Average +1800428232 www.ataffalontaccom BUIX Burdie International Institutional Advisor Growth -32.9 7.30 22.15 43 9 0.40 3.69 Above Average <td< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></td<>																
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	FAIA	Janus nenuerson Developed World Bond I	Multisector Bond	-10.00	-3.49	0.15	1.30	70 10	-0.51	0.62	0.57	ADOVE AVg	nign	TI 0//335208/	janusnenderson.com	4/23/2011

Investment performance is not guaranteed. Past performance may not be a good predictor of future performance. Investment values will fluctuate and may be worth more of less than the original amount invested at any point in time. The results shown above were achieved during a period of very volatile markets. The category performance is shown

PRMTX is closed to new investors. However, FCMA is grandfathered into this fund and can purchase for new clients as long as we hold a position in the fund. FCS2 is closed to new investors as of 08/29/2018. However, FCMA is grandfathered into this fund and can purchase for new clients as long as we hold a position in the fund.

PTIAX has been listed above in the Intermediate Gov't Band category due to its large percentage of securitized band holdings (mortgages and autos). When compared with after funds in this category, PTIAX rank highest among its peers and has therefore earned of I ranking in this category. However, Morringstar is in the process of recordergoring PTIAX to the Multicate Band category.